



# COUNTY OF YOLO

Health and Human Services Agency

*Karen Larsen, LMFT*  
Director

137 N. Cottonwood Street • Woodland, CA 95695  
(530) 666-8940 • www.yolocounty.org

## Local Mental Health Board

**Regular Meeting: Monday, March 30, 2020, 6:00 PM–8:00 PM**

In-Person Meeting cancelled please join by ZOOM in link below:

<https://zoom.us/j/283538297> Meeting ID: 283 538 297

*All items on this agenda may be considered for action.*

### CALL TO ORDER ----- 6:00 PM – 6:10 PM

1. Welcome and Introductions
2. Public Comment
3. Approval of Agenda
4. Approval of minutes from [February 24, 2020](#)
5. Member Announcements
6. Correspondence: Review Budget Subcommittee Overview submitted by Richard Bellows

### TIME SET AGENDA ----- 6:10 PM – 6:40 PM

7. Presentation: Budget Review-Josh Iverson

### CONSENT AGENDA ----- 6:40 PM – 7:10 PM

8. [Mental Health Director’s Report](#) – Karen Larsen
  - a. COVID19
  - b. CBHDA/CWDA Treatment for Foster Youth
  - c. Pine Tree Gardens Ad HOC
  - d. Trauma Informed Primary Care Implementation Advisory Committee Meeting
  - e. University of California, Office of the President
  - f. Crisis Task Force/OAC
  - g. Street Medicine/Mobile Medical Unit
  - h. Adult Residential facility (ARF) Update
  - i. Sequential Intercept Map Refresh
  - j. Homelessness
  - k. School based mental health
  - l. MHSA 3 Year Plan

Nicki King  
**Chair**

Vacant  
**Vice-Chair**

~~Robert Schelen~~  
**Secretary**

**District 1**  
**(Oscar Villegas)**  
Aleecia Gutierrez  
Maria Simas  
Rachel Warren

**District 2**  
**(Don Saylor)**  
Serena Durand  
Nicki King  
Antonia Tsobanoudis

**District 3**  
**(Gary Sandy)**  
Richard Bellows  
John Archuleta  
Vacant

**District 4**  
**(Jim Provenza)**  
Carol Christensen  
Robert Schelen  
Jonathan Raven

**District 5**  
**(Duane Chamberlain)**  
Brad Anderson  
Dr. Xiaolong Li

**Board of Supervisors**  
**Liaison**  
Don Saylor

**Alternate**  
Jim Provenza

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Street, Woodland, CA 95695 or 530-666-8516. In addition, a person with a disability who requires a modification or accommodation, including auxiliary aids of services, in order to participate in a public meeting should contact the Staff Support Liaison as soon as possible and preferably at least twenty-four hours prior to the meeting.

CONTINUED ON REVERSE

**REGULAR AGENDA ----- 7:10 PM – 7:45 PM**

- 9. Board of Supervisors Report – Supervisor Don Saylor
- 10. Criminal Justice Update: MHC- Jonathan Raven
- 11. Chair Report – Nicki King
  - a. Vitals App: Approve revised letter to send to Board of Supervisor

**PLANNING AND ADJOURNMENT ----- 7:45 PM – 8:00 PM**

- 12. Future Meeting Planning and Adjournment-Nicki King

Next Meeting Date and Location

Next Meeting: April 27, 2020 708 Railroad Avenue, Winters CA 95694

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695 on or before Thursday, March 26, 2020. Christina Grandison Local Mental Health Board Administrative Support Liaison Yolo County Health and Human Services

Item 4.  
Approval of Minutes  
February 24, 2020



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## Local Mental Health Board Meeting Minutes

**Monday, February 24, 2020**

Mary L Stephens Library, Blanchard Community Conference Room,  
315 East 14<sup>th</sup> Street, Davis CA 95616

**Members Present:** Aleecia Gutierrez, Rachel Warren, Brad Anderson, Robert Schelen, Antonia Tsobanoudis, Nicki King, John Archuleta, Richard Bellows, Serena Durand, Carol Christensen

**Members Absent:** Supervisor Don Saylor, Jonathan Raven, Maria Simas, Supervisor Jim Provenza, Dr. Xiaolong Li

**Staff Present:** Karen Larsen, Mental Health Director, HHSA Director  
Leigh Harrington, HHSA Medical Director

### CALL TO ORDER

**1. Welcome and Introductions:** The February 24, 2020 meeting of the Local Mental Health Board was called to order at 6:03 PM in Davis. Introductions were made.

**2. Public Comment:**

- Relative of a previous Pine Tree Gardens West resident expresses concerns that the resident was using the main bathroom, there was no rail and the resident fell and broke her leg. States she visited resident in hospital and noted she wasn't coherent enough to understand instructions given by the hospital to not bear weight and she caused permanent injury to her leg and will return to Pine Tree Gardens West and will struggle to be able to climb the stairs and navigate without proper assistive devices. She requests that the house modifications for Pine Tree Gardens include ADA Compliance so that this will not have to another resident.

**Approval of Agenda:** Moved by Carol and 2<sup>nd</sup> Brad

**Approval Minutes:** Minutes approved with the following amendment: Robert requests that NAMI be capitalized and that the typo on page 3 be corrected.

**3. Member Announcements:**

- Brad wanted to relay that the Pat Williams dinner was one of the best dinners he had attended and that he was impressed by all the awards she had received from Congress & State Senate and he enjoyed the happy stories.
- Antonia states that she and John attended the Brown Act training and learned a lot, found it helpful.
- Brad states he would be interested in attending another Brown Act Training for a refresher

**4. Correspondence:** None

**5. Time Set Agenda:** CONSENT AGENDA

- a. **Presentation:** Mental Health Services Act 3-year Plan

**6. Mental Health Director's Report** by Karen Larsen, Mental Health Director, HHSA

- a. County Strategic Plan
- b. EQRO
  - Comes in every year and tell you what you are doing well and what could be improved in quality; access timeliness. They meet with our staff, community members, family, clients, caregivers and stakeholders. It went well, and Karen will share report when it comes in. Focused ion needs to invest in IT which is pretty much their focus every year.
- c. Child, Youth, Family Branch Director
- d. Mental Health Diversion Training
- e. Sequential Intercept Map (SIM)
- f. Davis Navigation Center
- g. Pine Tree Gardens
  - Brad sounds like PTG continues to be brought up because we aren't at a place where we can let it be. Karen states county has invested money to bring the building up to snuff, Save Pine Tree Gardens people are working with operators to figure what the need is on their side to meet licensing requirements, working with legislators to draw down money to work with Board and Care. Today Karen testified in front of Senate about Board and Cares and need to invest more money.
  - Nicki want to know if there will be some effort made to require of Turning Point that the house not be sold and remain. Karen states she has it included in the sustainability plan. We are putting up the money and the county will put a lean on the homes that states they must remain board and care homes for a set amount of years.
- h. Adult Residential facility (ARF) Update
  - Money must be spent by June 20<sup>th</sup>. We had a Pacifico planned but it didn't go well. To get the money out by June but it is getting close. We issued another RFP, but no one responded. We have a million dollars to invest but we can't get anyone to snag it to open an Adult residential Facility. Karen has talked to every City Manager in the County of Yolo to gain interest, and they just haven't figured it out yet.

- i. Partnership Health Plan of California and Dignity Health
- j. Crisis Response
  - Karen states what she has heard from Police Chief's is that they really miss CIP's when they went on MH calls, she states she told them they are willing to bring it back if they split the cost. We have buy-in from two jurisdictions and the third is close. Separate from that we are meeting with hospitals, because people in MH crisis have been sitting in Hospitals and its not good for clients and staff. Formed a MH Crisis Task force to look into what other hospitals doing what are some creative best practices; we are looking at whether we can get them directly in to placement, to avoid the hospital all together. We are trying to bring back CIP's, but this may mean that MH Urgent care goes away.
- k. Homeless
  - Antonia wants to know where money is going with the CMSP Grant, Karen states there are two grants Yolo got one and CommuniCare got the other. It is primarily going to be used to hire several Navigators. Ours will be focused in homeless world so people living outdoors will be directed physical and behavioral health. CommuniCare is using to focus on those coming out of hospital and incarceration and where they need to go. Case managers and supportive services.
- l. School based mental health
  - Much like Woodland Community College. The have reached out to partner and use some of their LCAP funds combined with MHSA money to expand Mental Health Services on campus.
- m. Woodland Community College
  - Looking to have more involvement if they are willing to share in the cost. Woodland Community College has had some Physical Health and Behavioral Health services on campus reached out and asked us to partner to assist with expanding those services. We are going to issue an RFP to expand those services so we can draw down some MHSA Funds and draw down federal funds. The have interesting demographics and populations that we want to be better serving.
- n. CBHDA policy/legislative priorities

## REGULAR AGENDA

1. **Board of Supervisors Report**
  - a. none
2. **Criminal Justice Update:** None

**3. Chair Report**

- a. Vitals App: Draft letter reviewed by the board with some reservations about wording, Bob states he is willing to do a re-write to include safeguards against unauthorized people having access to create a profile. The board approved to submit letter once concerns are clearly expressed. Will review re-write at next meeting.
- b. Nicki wanted to share a heads up from Yolo County Health Council Proposed Tobacco Policy recommendations-policy reviewed.
- c. Nicki expressed interest from some of board members to have a presentation on Veteran's Services. Karen will reach out for a future presentation from out Veterans Services Officer and Nicki will reach out to her connection.

**4. Future Meeting Planning and Adjournment**

- a. Budget Subcommittee scheduled for March 23rd

Meeting Adjourned at 8:09pm

Item 6.  
Budget Subcommittee  
Overview

## **DRAFT**

**To:** LMHB

**Subject:** Summary - B&F Committee Meeting, March 23, 2020

**From:** LMHB Budget & Finance Committee

**Date:** March 25, 2020

**Purpose:** Preview 20/21 HHSA Budget

**Attendees:** R. Bellows Chair, R. Schelen, A. Tsobanoudis, K. Larsen, J. Iverson **Absent:** N. King

**Call to Order:** 2 PM; **Adjourned:** 3 PM

**Conference Call** (Virus Concerns)

**Public Attendees:** None

**Conclusion:** Members voted unanimously to recommend approval to the full LMHB

### **Meeting Summary:**

Josh Iverson presented the proposed budget for 2020/21. This coming Monday, the LMHB will vote to approve this budget for presentation to the Yolo BOS.

The Mental Health Budget is a complex process that involves many income streams from the feds, state and county. In a normal year, there is some guesswork and uncertainty. At the moment, there is a lot more. This budget was essentially prepared before COVID-19 and the stock market collapse. Somewhat understandably, none of the funding agencies have issued new guidance for the budget process.

Our committee asked questions and made suggestions for small improvements in the presentation. At the end of the meeting the F&B Committee recommended unanimously that the LMHB approve the budget as presented.

### **Post Meeting Follow-up:**

Today, I suggested that Josh add a few new slides at the beginning and end of his presentation to help new LMHB members understand the overall process and the uncertainties for the coming year.

Respectfully submitted, R. Bellows, March 25, 2020

Item 8.  
Mental Health Director's Report

## Local Mental Health Board

### Director's Report

March 30, 2020

- a. **County Behavioral Health services during 'Shelter-In-Place' Order** – As a result of the countywide, shelter-in-place- order that took effect at 12:01 am on March 19, 2020 and extends through 11:59 pm on April 7, 2020, the County has reduced all in-person behavioral health services to only those deemed *essential*. Essential services include crisis assessment/intervention and injectable medication provision. Crisis services can be accessed *in person* at both the Woodland and Davis Clinic during business hours and between 12 and 9 pm at the West Sacramento Urgent Care. All scheduled injection appointments will continue as scheduled in the arranged clinic. Existing HHSA clients with an urgent medication need can call HHSA's Nursing line at 530-666-8630 (option 5) and any community member with this need can access our Sutter Nurse Practitioners at the West Sacramento Urgent Care between 12 and 9 pm Monday through Saturday.

Routine psychiatric service appointments are scheduled to continue at this time, however they will be provided only by telephone. All other routine clinical services have been cancelled and will be rescheduled for after April 7, 2020. Our behavioral health services teams continue to reach out to all clients frequently by phone, some daily, to provide support and ensure clients' needs are met during this stressful time. The County's 24/7 Access and Crisis Line is still available at 888-965-6647 to assist community members in getting referred to services throughout Yolo County.

Further, HHSA strongly encourages all providers to maximize the number of services provided by telephone and telehealth to minimize community spread of COVID-19, as well as to protect the behavioral health workforce from illness. We have issued the following guidance to providers regarding the use of telephone and telehealth services; in the face of rapidly changing conditions, guidance continues to evolve and may be subject to change. For questions or more detail, please contact Samantha Fusselman or [HHSAQualityManagement@yolocounty.org](mailto:HHSAQualityManagement@yolocounty.org).

- The federal government has clarified that they will allow discretion regarding HIPAA violations when providers use telehealth in good faith. Therefore, as a temporary measure, staff may exercise their professional judgement when selecting a medium for provision of telehealth services; the Human Services Office of Civil Rights (OCR) website also provides detailed guidance about which common tablet and phone apps are appropriate for telehealth, and which public-facing apps cannot be used.
- Licensed and non-licensed providers of Drug Medi-Cal Organized Delivery System (DMC-ODS) and specialty mental health services (SMHS) may provide services via telephone and telehealth as long as the service is within their scope of practice.
- Regarding initial assessments:
  - SMHS Providers: Currently can be done via telephone, telehealth, or in-person.

- DMC-ODS Providers: Currently can be done via telehealth or in-person. The Department of Health Care Services (DHCS) is requesting a waiver from the Centers for Medicare and Medicaid Services (CMS) to allow initial assessments be done via telephone, as this is currently not permitted.
  - Staff must inform clients that the connection may not be secure, and they must document clients' consent to proceed.
- b. **CBHDA/CWDA Treatment for Foster Youth**– HHS leadership is working with CBHDA, CWDA and county partners from across the state to create a shared vision to improve access to behavioral health services for children, youth and families involved in the child welfare system. This vision looks to expand access to a broad continuum of services and improve outcomes for families in foster care.
- c. **Pine Tree Gardens Ad Hoc (Karen/Sandra)**– This group met on March 16<sup>th</sup> and discussed the sustainability plan, operator budgets, process for placements, state advocacy effort and the health and safety of residents in light of COVID19.
- d. **Trauma Informed Primary Care Implementation Advisory Committee Meeting(Karen)**-On March 3<sup>rd</sup> Karen participated in this advisory committee facilitated by California's Surgeon General, Dr. Nadine Burke Harris. The focus of the day was on how health systems plan to implement universal trauma screening and how to ensure services for those who have experienced trauma once the screen is completed.
- e. **University of California, Office of the President(Karen)** – Karen had a call with University of California Office of the President, UCSF, Fresno County Mental Health and the Mental Health Services Oversight and Accountability Commission to explore how to improve access to mental health services for students attending UCs throughout the state. We discussed inter-county transfers as well as ways to leverage resources to grow services on campuses. Additional calls will be scheduled.
- f. **Crisis Response Task Force/OAC** - The Task Force met for the first time on March 4, with the joint goal of designing a Countywide crisis response system that addressed the mental health needs of people in crisis at the right level of care, in the least restrictive setting to achieve the most positive outcomes. Members include representatives from HHS, Sutter Davis Hospital, Woodland Memorial Hospital, and hospitals, Davis PD, Woodland PD, Winters PD, West Sacramento PD and Yolo County Sheriff. The Task Force reviewed potential options for crisis response by all parties in the short-term as well as discussed potential medium- and long-term options. All agreed future meetings will focus on the development of success metrics for any strategies put in place, as well as population specific concerns, i.e. criminal justice, homeless.
- g. **Street Medicine/Mobile Medical Unit(Karen)**– On March 9<sup>th</sup> HHS staff met with representatives from Dignity Health and Sutter Health to discuss the plan for street medicine and mobile medical unit. Additionally, Karen had a call with Partnership

Healthplan of California to discuss some solutions to billing issues brought up by the health systems.

- h. **Adult Residential Facility (ARF) Update**-HHSA continues to pursue back-up options, including consideration of sole sourcing the funds in order to expend by the deadline of June 30<sup>th</sup>.
- i. **Sequential Intercept Map Refresh**-In October 2019, the Community Corrections Partnership (CCP) met to review the current adult SIM and associated gaps/needs for the adult criminal justice system. HHSA staff is working with the CCP analyst to incorporate the input received from partners to develop a refreshed SIM model that is more streamlined and aligned with the current system. It is anticipated that partners will review and finalize in April, allowing for targeted cross-departmental approaches to improving the behavioral health approaches for those involved in the criminal justice system.
- j. **Homelessness**- Given the Governor's and other guidance on care for individuals who are homeless during the COVID outbreak, HHSA is working with providers, CAO and Office of Emergency Services on location options for individuals who may need isolation. In addition, all programs and the shelter are implementing social distancing and enhanced sanitation measures.
- k. **School based mental health**- HHSA is continuing to work on developing school-county partnerships with all school districts in the county to expand access to mental health services on school campuses by leveraging a variety of funding streams. Additionally, HHSA and YCOE are securing an agreement with an outside consultant to assist with the application process for the Mental Health Student Services Act (MHSSA) grant. The deadline for the MHSSA grant is extended to an unknown date at this time due to the COVID outbreak. The county-school workgroup is postponed at this time due to social distancing measures.