HEALTH ADVISORY

To: Adult Day Programs and Residential Care Facilities

From: Ron Chapman, MD, MPH
Health Officer, Yolo County

Date: January 14, 2020

Subject: Chickenpox Advisory

Chickenpox Exposure at Yolo County Adult Care Facilities

Individuals who were ill with chickenpox (Varicella Zoster virus) who reside in residential care facilities and/or have attended adult day facilities in the past two weeks may have exposed others to the disease. Any facility that houses or provides day care services for adults, including, but not limited to: residential care facilities, adult day facilities, skilled nursing facilities, and long-term care facilities, may have shared staff who have been exposed to infectious cases of chickenpox.

According to California Department of Public Health Exposure Investigation guidelines, duration of contact exposure varies between 5 minutes up to 1 hour. Transitory contact, such as walking by someone in a waiting room, does not constitute sufficient exposure.

Yolo County Health and Human Services Agency (YCHHSA) Infectious Disease staff is asking all of the above-listed facilities to:

- Encourage their employees who may be shared with residential living facilities or adult day facilities to seek evaluation from their primary care providers to determine if they should receive post exposure prophylaxis.
- Review immunization/immune status of staff who may be providing direct patient care.

To report cases of chickenpox at your facility, contact the YCHHSA Infectious Disease Outbreak Lead 530-666-8339 during business hours, and the duty officer at (530) 321-3620 after hours.