

PERSON-CENTERED ALTERNATIVES TO COMMONLY USED WORDS AND PHRASES

WORN-OUT LANGUAGE	LANGUAGE THAT PROMOTES ACCEPTANCE, RESPECT, AND UNIQUENESS
you're just	you are more than
decompensating	not him/herself today; he/she is experiencing symptoms
manipulative	resourceful; really trying to get help
crazy	unique
compliant	might not be confident about personal choices or decisions; afraid
noncompliant	beginning to think for him/herself; taking personal responsibility
entitled	aware of rights
resistant	not open to; chooses not to; has own ideas
frequent flyer	gives us many opportunities to intervene and support
baseline	what a person looks like when doing well
unmotivated	has other interests; bored; doesn't know how to begin
helpless	unaware of capabilities
hopeless	unaware of opportunities
grandiose	has high hope and expectations of self
user of the system	resourceful; good self-advocate
druggie; crackhead; junkie	person with an addiction or diagnosis of substance abuse
high-functioning, low-functioning, dangerous, danger to others/danger to self (DTO/DTS)	person is showing these issues and characteristics