You Work Hard to Raise a Healthy Family: Let WIC Help

WIC is a nutrition program for Women, Infants, and Children.

You may qualify if you:
• Are pregnant, breastfeeding, or just had a baby;
• Have a child under age 5; and
• Have a low to medium income; and/or
• Receive Medi-Cal, CalWORKs, or CalFresh benefits; and
• Live in California

WIC provides:
• Nutrition education and health information
• Breastfeeding support
• Food benefits for healthy foods
• Referrals to medical providers and community services

You may qualify if your family’s income meets WIC guidelines.

To find out more, go to https://www.wicworks.ca.gov

Newly pregnant women, migrant workers, and working families are encouraged to apply.

Enroll early! Call WIC today to see if you qualify:

YOLO COUNTY WIC
Woodland & Winters
(530) 666-8445
West Sacramento
(916) 375-6390
Davis
(530) 757-5527

This institution is an equal opportunity provider.