Hanna & Herbert Bauer Memorial Garden holds monthly classes, distributes free produce to WIC clients, and partners with the Safe Routes To School Program to host walking field trips to the garden.

Yolo Food Bank, increased distribution sites from 12 to 14 throughout Yolo County for their Eat Well Yolo fresh produce distribution. Yolo Food Bank also runs a Kids Farmers Market at 2 preschools and five elementary schools. In addition they hired a new staff person to partner with local farms for seasonally appropriate produce.

Increase Fruit & Vegetable Consumption

The number of cities with a default beverage policy remains just one, Davis. However, there is work happening to help encourage policy in the city of Woodland. The NEOP program has been working with Public Health Advocates to increase public support and has collected 200 community support cards and has done presentations to Health Council, MCAH Advisory Board and Woodland Healthcare.

Increase Physical Activity

Safe Routes to School (Woodland) is specifically for the 10 schools within the Woodland City limits. The program started in February 2016 and will be ending June 30, 2018. This small grant is working to improve bike and pedestrian safety within low-income, Spanish speaking communities & seniors. In 2017, 1380 Woodland youth received bike or pedestrian skills education.

Decrease Consumption of Sugar Sweetened Beverages

Yolo Food Bank, increased distribution sites from 12 to 14 throughout Yolo County for their Eat Well Yolo fresh produce distribution. Yolo Food Bank also runs a Kids Farmers Market at 2 preschools and five elementary schools. In addition they hired a new staff person to partner with local farms for seasonally appropriate produce.

Decrease Access to Preventive Services

All jurisdictions in Yolo County have Tobacco Retail Licensing which requires all retailers to have a license in order to sell tobacco. It is a major strategy in reducing youth access to tobacco.

Increase Access to Preventive Services

The Yolo County Oral Health Advisory Committee met monthly in 2017. There was outstanding participation from community clinics, local dentists, and non-profit organizations. Much of the committee work in 2017 focused on preparations for building the first ever Yolo County Oral Health Program, state funded, and started January 2018. Advisory committee discussions regarding the new program included; strategic planning, appropriate staffing, and the development of programmatic first year deliverables.

Strengthen the Support Network

Yolo Adult Day Health Center offers a medical model to help older adults manage chronic health conditions as well as a social model to help provide dementia care and family caregiver support. The center has capacity to serve 59 adults per day and has maintained a waiting list of at least 50 for several years now. In the last year several advancements towards increasing capacity have occurred including:

- Working with a non-profit to develop a social model in Davis with anticipated opening of mid 2019
- Continued efforts to develop a multi-purpose housing project that would also include Adult Day Health and expand capacity to 100
- Successful lobbying to increase per diem rates to help make the center more sustainable
- Applied and received $186,972 in Caltrans operational funds and 2 new 15 passenger lift buses

Please visit www.HealthyYolo.org for data and meeting information.
In 2013 Yolo County initiated a Community Health Assessment (CHA) that identified 3 priority health issues: Mental Health, Chronic Disease and Aging. Workgroups convened around each of these to identify 5 year goals. A description of that process can be found in the CHIP. Yolo County Health and Human Services Agency Community Health Branch serves as the convener to help programs and agencies come together behind common goals, become more comfortable with data and communicate progress.

Utilizing Collective Impact with the vision of achieving community-wide health improvements, we began to gather around a common agenda, with Yolo County HHSA as the backbone organization. We review available data, set common measures and meet quarterly to establish frequent communication and continue to work toward mutually reinforcing activities.

**2017 ACCOMPLISHMENTS**

- Doubled the number of measures being reported by the community and HHSA programs
- Added 4 Chronic Disease Prevention Strategies with 2 new partners and 1 Mental Health Strategy and partner
- The Public Health Accreditation Board noted the Community Health Improvement Plan as one of the top three strengths during the Accreditation process.
- Identified Yolo County specific targets for health outcomes in which Yolo County was outperforming the state

**WHAT ARE HEALTH OUTCOMES?**

Health outcomes are data that describe how the county population is doing as a whole. For each of the priority areas, we track several health outcomes to help us know if the strategies we are tracking are making a difference. Strategies, which are usually program specific, focus on targeted populations. In order to make a change at the community level, many strategies and partners are needed.

**Addtional strategies and efforts in all priority areas are needed.**

*If you would like to be part of the CHIP, please email healthyyolo@yolocounty.org.*

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**YOLO COUNTY COMMUNITY HEALTH IMPROVEMENT PLAN**

**WHAT IS THE COMMUNITY HEALTH IMPROVEMENT PLAN?**

**Mental Health**

- Improve quality of behavioral health services
- Reduce mental health stigma and discrimination
- Improve access to behavioral health services

**Chronic Disease Prevention**

- Strengthen the support network for chronic disease prevention and management
- Increase consumption of fruits and vegetables
- Decrease consumption of sugar sweetened beverages
- Increase the percentage of the population adhering to recommended physical activity standards
- Increase access to preventive services
- Decrease youth access to tobacco products

**Healthy Aging**

- Improve access to safe and affordable housing for all older adults
- Improve the information system for older adults
- Improve access to safe, affordable transportation for older adults
- Improve access to preventive services, early diagnosis and treatment for older adults

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**YOLO COUNTY HEALTH OUTCOMES**

**Rate of ER Visits Due to Falls**

Emergency Department visits per 100,000 persons aged 65 and up.

<table>
<thead>
<tr>
<th>Year</th>
<th>Rate (per 100,000)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>845</td>
</tr>
<tr>
<td>2013</td>
<td>447</td>
</tr>
<tr>
<td>2014</td>
<td>519</td>
</tr>
<tr>
<td>2015</td>
<td>504</td>
</tr>
<tr>
<td>2016</td>
<td>502</td>
</tr>
</tbody>
</table>

Source: Office of Statewide Health Planning and Development

**Diabetes Diagnosis**

Percent of adults who have ever been diagnosed with diabetes.

<table>
<thead>
<tr>
<th>Year</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>2007</td>
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</tr>
<tr>
<td>2009</td>
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</tr>
<tr>
<td>2011</td>
<td>3.2</td>
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<tr>
<td>2013</td>
<td>3.2</td>
</tr>
<tr>
<td>2015</td>
<td>3.2</td>
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</tbody>
</table>

Source: California Health Interview Survey

**Youth Mental Health Hospitalization Rate**

Mental health hospitalizations per 100,000 for persons under 18.

<table>
<thead>
<tr>
<th>Year</th>
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<tbody>
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<tr>
<td>2010</td>
<td>126</td>
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<tr>
<td>2011</td>
<td>132</td>
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<tr>
<td>2012</td>
<td>128</td>
</tr>
<tr>
<td>2013</td>
<td>134</td>
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</tbody>
</table>

Source: Office of Statewide Health Planning and Development