



MHSA Three-Year Program & Expenditure Plan 2014 – 2017:

Yolo County Community Planning Stakeholder Survey

Introduction

Thank you for visiting our survey! This survey is part of the Community Planning Process for the Mental Health Services Act in Yolo County. The purpose of this survey is to hear from you about the mental health needs and services in Yolo County. The information you provide will help the Yolo County Department of Alcohol, Drug, and Mental Health design mental health programs in the county. In order to develop mental health services that meet the needs of people in Yolo County, we need to hear from you!

The survey will take about 10 minutes to complete. All of the answers you provide are confidential - we will not be collecting your name. You do not have to answer all of the questions in the survey, and you may exit the survey at any time.

We appreciate you taking the time to share your experience with us!

Background on the Mental Health Services Act

The Mental Health Services Act (MHSA) was passed by California voters in 2004 to transform and expand the mental health system. MHSA funds a variety of programs to provide services to people with mental illness or those at risk of developing mental illness, to educate and train mental health workers, and to ensure counties have the proper facilities to serve clients. The purpose of the MHSA 3-Year Program & Expenditure Plan is to document the community's vision for addressing mental illness through each of the MHSA components. We are interviewing stakeholders to better understand what the community needs are for Yolo County. The information you share with us will help inform the development of the MHSA Three-Year Program & Expenditure Plan for Yolo County's MHSA services and programs.



Existing MHSA Services

Below is a list of programs and services funded by the Mental Health Services Act (MHSA) in Yolo County. Please check off the programs you have used or have direct experience with (check all that apply).

1. Community Services and Supports
 - Older Adult Program:** Older Adult Outreach and Assessment
 - TAY Program:** Pathways to Independence for Transition-Age Youth
 - Children's Program:** Rural Children's Mental Health Services
 - Adult Program:** Wellness Alternatives for Adult Consumers (includes Wellness Center)
 - Benefits Specialist** (serves all ages)

2. Prevention and Early Intervention
 - Crisis Intervention Team (CIT) Training for Law Enforcement**
 - Early Signs Training and Assistance** (includes Mental Health First Aid, SafeTALK and Applied Suicide Intervention Skills Training (ASIST) Education Programs)
 - Rural Children's Resiliency Program** (services from RISE Inc., in Esparto and Winters school districts)
 - Urban Children's Resiliency Program** (services from Victor Community Services in Davis, Woodland and West Sacramento school districts)
 - Senior Peer Counselor Volunteers** (includes link to the Friendship Line services for seniors)

3. If you are a staff member:
 - Central Region Workforce Education & Training (WET) Partnership** (includes regional opportunities for Mental Health First Aid trainers, Suicide Prevention Conference, Cultural Competency Summit, 12-month *Leadership in Mental Health* UC Extension course, and other regional training supports)
 - License-Eligible Volunteer Intern**
 - Mental Health Professional Development** (*Essential Learning/Relias* on-line learning for all staff, including CEUs for clinical staff)
 - Student Loan Repayment Program for Direct Service Providers**
 - Cap-IT** (IT Plan—updated computers, Avatar enhancements, electronic signature capability, electronic record keeping)



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4. The following questions ask you to give your feedback on the services funded by the MHSA in Yolo County. These questions refer to services provided by Yolo County Alcohol, Drug, and Mental Health (ADMH) employees and community-based organizations (CBOs) that the County contracts with. For each question, please mark one response: **Not very well**, **Somewhat**, **Mostly**, **Very well**, or **I don't know**.

	Not very well	Somewhat	Mostly	Very well	I don't know
a. How well do the MHSA services meet the needs of <u>people in your community who have serious mental illness</u> ?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. How well do the MHSA services work to help people in your community <u>before the development of serious mental illness</u> ?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. How well do the MHSA services meet the needs of people in your community who are <u>experiencing a mental health crisis</u> ?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. <u>How well trained</u> are ADMH and CBO mental health providers in meeting the needs of consumers?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. How well are <u>job opportunities for clients and family members</u> included in MHSA services?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. How well do agencies coordinate <u>referrals</u> for mental health services?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments:					

5. Have you received information about the progress of implementing the current MHSA programs?

- Yes
 No

6. Have you received information about the outcomes or effectiveness of the current MHSA programs?

- Yes
 No

Comments:



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Innovation

7. Have you had experience with **L.I.F.T.**—the **Local Innovation Fast Track** Grant Program? This program offers grant funding in three-year cycles to communities and local provider agencies to introduce new and innovative programs.
- Yes
- No (skip to Question 9)
- I don't know (skip to Question 9)
8. In order to support innovative programs in the future, do you think the Department of Alcohol, Drug and Mental Health should repeat the three-year program funding cycle with new programs or develop a new way to identify innovative programs? (choose one)
- Continue the L.I.F.T. grant program as is and repeat the funding cycle
- Continue the grant program with modifications
- ➔ What would you modify? _____
- Develop a new way to identify innovative programs
- I'm not sure

Please list any suggestions for how the County could identify new and innovative mental health programs.



MHSA Values

9. To what extent are MHSA services achieving the following goals? For each question, please mark one response: **Not at all, Somewhat, Mostly, Completely, or I don't know.**

	Not at all	Somewhat	Mostly	Completely	I don't know
a. Services are focused on wellness, recovery, and resilience	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Services respect the culture and language of consumers and their families	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Consumers and families are involved in the design of mental health services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Agencies work together to coordinate mental health services for consumers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. It is easy for consumers and family members to access mental health services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Members of the community are involved in the planning process for MHSA services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Comments:					



Facilitators and Challenges

10. Over the past five years, what have been the most helpful changes in the County's mental health services?

- Services are reaching more underserved populations
- There are more prevention services
- Services are more focused on recovery
- There is more coordination or collaboration between agencies
- Mental Health services are better integrated with primary care services
- The County is more able to respond to mental health crises
- There are new and innovative programs
- Services are more easily accessible for underserved communities
- The County now provides a Benefits Specialist to help individuals with applying for benefits
- The County has a Wellness Center
- The County provides more housing for mental health consumers
- Staff are better trained to provide high quality services
- Staff are more culturally competent
- Other (specify): _____

11. What has been the greatest success of the MHSA programs and services in your community?



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12. Are there any populations or groups of people who are not being adequately served by the current MHSA services? Please mark them on the list below or write in the area provided.

- | | |
|--|---|
| <input type="checkbox"/> Children ages 0-5 | <input type="checkbox"/> Persons with limited English proficiency |
| <input type="checkbox"/> School-Age Children | <input type="checkbox"/> Persons with disabilities |
| <input type="checkbox"/> Transition-Age Youth (ages 16-24) | <input type="checkbox"/> Persons experiencing a mental health crisis |
| <input type="checkbox"/> Adults (ages 25-59) | <input type="checkbox"/> Persons involved in the criminal justice system |
| <input type="checkbox"/> Older Adults (over age 60) | <input type="checkbox"/> Persons experiencing homelessness |
| <input type="checkbox"/> Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, and Questioning (LGBTIQQ) | <input type="checkbox"/> Persons with co-occurring disorders |
| <input type="checkbox"/> African American/Black | <input type="checkbox"/> Persons who have Medicare <u>or</u> both Medicare and Medi-Cal |
| <input type="checkbox"/> Hispanic/Latino | <input type="checkbox"/> Other population |
| <input type="checkbox"/> Asian or Pacific Islander | (specify): _____ |
| <input type="checkbox"/> American Indian/Native Alaskan | |
| <input type="checkbox"/> Russian | |

13. Are there any geographic areas or neighborhoods where services are not currently available or accessible? Please mark them on the list below or write in the area provided.

- | | |
|--|--|
| <input type="checkbox"/> Davis | <input type="checkbox"/> Guinda |
| <input type="checkbox"/> West Sacramento | <input type="checkbox"/> Knights Landing |
| <input type="checkbox"/> Winters | <input type="checkbox"/> Madison |
| <input type="checkbox"/> Woodland | <input type="checkbox"/> Monument Hills |
| <input type="checkbox"/> Brooks | <input type="checkbox"/> Plainfield |
| <input type="checkbox"/> Capay | <input type="checkbox"/> Rumsey |
| <input type="checkbox"/> Clarksburg | <input type="checkbox"/> Yolo |
| <input type="checkbox"/> Dunnigan | <input type="checkbox"/> Zamora |
| <input type="checkbox"/> El Macero | <input type="checkbox"/> Other (please specify): _____ |
| <input type="checkbox"/> Esparto | |

14. What issues make it more challenging for consumers and their families to receive services? Please mark them on the list below or write in the area provided.

- Lack of transportation to appointments
- There are long waiting lists to get appointments
- ADMH orientation is difficult to schedule, attend or navigate
- Services are not provided in consumers' preferred language
- Providers do not respect consumers' cultural background
- There is stigma around mental illness in the community
- Lack of insurance or lack of clarity about insurance eligibility
- Other (write in): _____



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15. Please list any suggestions for how mental health providers could better meet the needs of consumers.

16. Please list any suggestions for programs or services that would enhance consumers' wellness and recovery.



Background Information

Please help us learn a little bit about you! The MHSAs planning guidelines require that we keep track of some basic information about who participates in the survey. This information will be kept strictly confidential and will only be used to report on who participated in the community planning process. You may also decline to answer any of these questions. (Turn to the next page)

17. Do you identify as a consumer or a family member of a consumer of mental health services? (check all that apply)
- No
 - Consumer
 - Family Member
18. Do you identify as a service provider?
- No (skip to Question 19)
 - Yes
19. Please check off any affiliation to the following list of MHSAs stakeholders.
- County government agency
 - Community-based organization
 - Law Enforcement
 - Education agency
 - Social service agency
 - Veteran Organization
 - Provider of alcohol and other drug services
 - Medical or health care organization
 - Foster Youth
 - Other: _____
20. Please indicate your age range:
- Under age 16
 - 16-24
 - 26-59
 - 60 and older
21. Please indicate your gender:
- Female
 - Male
 - Transgender
22. What is your race/ethnicity? (check all that apply)
- White/Caucasian
 - African American/Black
 - Hispanic/Latino
 - Asian or Pacific Islander
 - American Indian/Native Alaskan
 - Multi-Race
 - Other: _____
23. In which part of Yolo County do you live?
- Davis
 - West Sacramento
 - Winters
 - Woodland
 - Brooks
 - Capay
 - Clarksburg
 - Dunnigan
 - El Macero
 - Esparto
 - Guinda
 - Knights Landing
 - Madison
 - Monument Hills
 - Plainfield
 - Rumsey
 - Yolo
 - Zamora
 - Other: _____



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If you would like to receive updates about the community planning process, please enter your email address here. Your email address will not be connected to your survey responses.

_____@_____

Please share the survey link with others who can provide their input!

You can copy the link below into an email to people you know:

<http://tinyurl.com/Yolo-MHSA-CPP-Survey>

You can also send people the link to the Yolo County MHSA website, where the survey is posted:

<http://www.yolocounty.org/Index.aspx?page=993>

Thank you for taking our survey! Your response is very important to us.