



YOLO COUNTY: MHSA THREE-YEAR PROGRAM AND EXPENDITURE PLAN 2014 – 2017 PRESENTATION TO BOARD OF SUPERVISORS

December 17, 2013

Resource Development Associates

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Community Planning Process

Agenda

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Review of MHSA and
Community Planning Process



Review Needs Assessment
findings



Overview of Proposed
Strategies

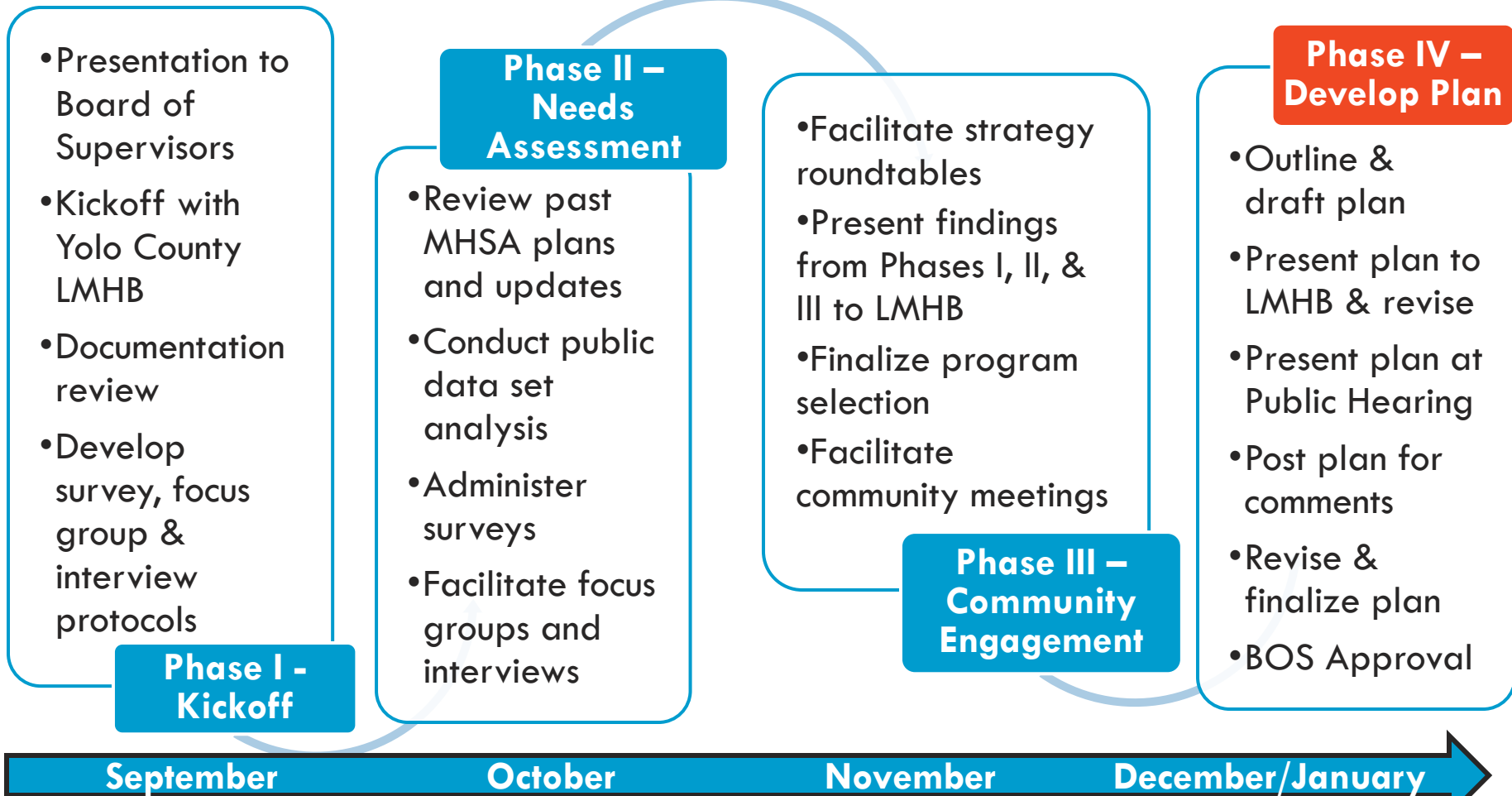
MHSA Values

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Community Planning Process

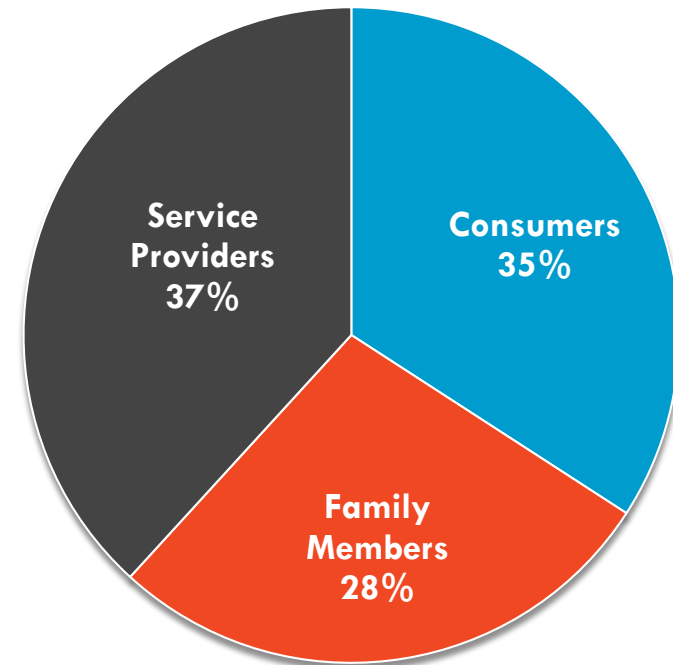
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Community Planning Process

CPP Event	Consumers	Family Members	Service Providers	Total Duplicated Participants
Kickoff Meetings	4	8	13	24
Focus Group	56	19	38	101
KII	3	7	19	28
Survey	71	68	51	325*
Strategy Roundtables	1	7	23	28
Total	135	109	144	506*

Participants by Self-Identified Stakeholder Group (n=388)



*Includes total number of survey responses submitted by all participants, including those who did not indicate a stakeholder group.

Needs Assessment Process

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Interviews

- 31 stakeholders from county and community-based agencies

Focus Groups

- ADMH staff
- Community-based providers
- Rural residents (Esparto, Winters)
- TAY
- Adults (West Sacramento; Wellness Center; Homeless)
- Older Adults

Survey

- Online and paper survey
- 325 received
 - 21% family members
 - 22% consumers
 - 16% providers

Needs Assessment Findings

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Mental health service needs

- Case management
- Psychiatry
- Meaningful daily activities
- Greater continuity in crisis services
- Greater awareness about services and mental health issues

Underserved populations

- West Sacramento
- Rural areas
- Homeless
- Dual diagnosis
- Criminal justice-involved
- People experiencing crisis
- School-age youth
- TAY
- Seniors
- Latino/Hispanic

Barriers to access

- Barriers to orientation and appointments
- Transportation and limited services outside Woodland

Workforce shortages

- Psychiatrists
- Case Managers
- Counselors
- Bilingual/Bicultural staff
- Consumers & Family Members
- After-hours staff

* See handout for more detailed findings from the Needs Assessment

Proposed Programs

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Programs for Children

- Urban Children’s Resiliency
- Rural Children’s Resiliency
- Children’s Mental Health Services (FSP)
 - Increase the number of Family Partners & expand role where appropriate

Programs for TAY

- Urban Children’s Resiliency
- Rural Children’s Resiliency
- Pathways to Independence (FSP)
- Peer Navigator and/or Outreach Specialist
- Consider re-establishing a TAY center in Davis

Considerations for ADMH Outside of MHSA

School District Training & Outreach	Will build on existing structure to enhance school, PEI, and ADMH collaboration.
Youth Coalition	ADMH will consider how to include in ongoing or new workgroup.
MH Services & Criminal Justice	ADMH will explore possible partnership with Probation Dept. & Sheriff’s Office.
First Break Psychosis Program	ADMH will explore alternative models and possible ways of accessing First Break programs.

Proposed Programs

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Programs for Adults

- Wellness Alternatives for Adults (FSP)
 - ACT
 - AOT/Laura's Law
- Woodland Wellness Center
- Greater Access Program (GAP)
- Dual Diagnosis Harm Reduction Services
- Peer Navigator and/or Outreach Specialist
- Enhance access to Primary Care to ADMH clients

Programs for Older Adults/Seniors

- Senior Peer Counseling
- Older Adult Outreach & Assessment (FSP)
- Intern Therapy for Older Adults/Seniors
- Telepsychiatry, geriatric specialty possible

Considerations for ADMH Outside MHSa

Integrated Behavioral Health

ADMH will consider how certain IBH services should continue to be funded.

MH Services & Criminal Justice

ADMH will explore possible partnership with Probation Dept. & Sheriff's Office.

Proposed Programs

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Services Across Age Groups

Continuing Programs

- Crisis Intervention Training (CIT)
- Early Signs Program:
 - Applied Suicide Intervention Strategies Training (ASIST)
 - Safe Talk
 - Mental Health First Aid & Youth Mental Health First Aid
- Benefits Specialist

New Programs

- Telepsychiatry
- Peer Navigator and/or Outreach Specialist
- Mental Health Services Resource Materials about Local Programs (include updating Yolo211)

Considerations for ADMH Outside MHSA

- **Orientation services outside of Woodland** will be taken under advisement by ADMH to consider different ways of doing this.

Proposed Programs

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Crisis Specific Services

Considerations for ADMH Outside MHSa

Establish after-hours CRT authorization process

ADMH will take this under advisement and determine how to best establish this process.

Create a Crisis Respite

Consider acquiring a Crisis Stabilization Unit

Consider Development of crisis services in West Sacramento

ADMH will take this under advisement and forward suggestions to the SB82 forum.

Consider a Mobile Crisis to respond with Law Enforcement Agencies

Proposed Programs

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Programs for WET

- Staff Training – Essential Learning, Leadership in Mental Health Services
- Hire a WET Coordinator to oversee development, coordination, and training related to:
 - Student Loan Repayment
 - Tuition Reimbursement
 - UC Davis Psychiatry Residency Internship
 - Support Staff Training
 - Specialty Clinical Training

Programs for CF/TN

- Yolo Technological Improvement Project – Phase I & Phase II
- Telepsychiatry
- Mobile Services Unit
- ADMH to consider CF projects that incorporates Woodland Wellness Center modifications and new program development

Programs for Innovation

- Continue Local Innovation Fast Track (LIFT) Program with modifications to take into consideration limited funds for '14-'17

Next Steps

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