While isolating or quarantining from COVID-19, there are several things precautions you can take to prevent your family from contracting the illness.

**Instructions for Deliveries**

For people with COVID-19

**Tips for deliveries made by family, friends, businesses or restaurants:**

- Designate space near your front door on your porch as a ‘drop off’ area. You can put an ‘X’ on the ground with chalk or tape or put out a large box to help identify this area.
- Put up a sign by this ‘drop off’ area letting people know this is where items should go. For example, you can write ‘Drop Off Items Here’ on a piece of paper.
- Ask that those delivering items to your house wear a face covering from the time they exit their car to the time they get back in their car.
- DO NOT open your door when the delivery is being made, no matter if it is your family or friend.
- Open the door after they have left or driven away.
- Wear a face covering when opening your door to gather items.
- Wipe down items if possible.

**Reminders:**

- You may infect other people while you are in isolation or quarantine, so it is important to limit as much contact as possible.
- Even with family and friends, do not let someone into your house or to open the door when they are still making the delivery.
- Limit deliveries as much as possible to those most necessary.
- If you want to talk to your family or friend while they are making the delivery, call or text them instead. Still do not open the door.
- If a business needs you to sign or pay for items, make sure you and the delivery person are both wearing a face covering before opening the door to sign or pay for items. Do not shake hands. Try to limit as much contact as possible by having them put the item in the designated area. Do not pick up the item until after they have left.
- The more you can limit the exposure to other people, the less likely they will get COVID-19 from you.

If you have any concerns or questions, please call your primary care doctor first. You can also call the Yolo County COVID-19 Response Operations Center Line at: (833) 965-6268 (833-YOLOCOV).