



COUNTY OF YOLO

Health and Human Services Agency

Healthy Yolo: Healthy Aging Work Group

Minutes

Date & Time: January 23, 2018 8:30 – 10:30 a.m.
Location: Gonzalez Building, Community Room, 25 N. Cottonwood St, Woodland
Attendees: Sheila Allen, Yolo Healthy Aging Alliance; Lynnette Brady, CommuniCare Health Centers; Haydee Dabritz, HHSA; Jocell Fresdnido-Lee, Partnership HealthPlan of California; Mimi Hall, HHSA; Ashley Logins-Miller, HHSA; Valerie Olson, Yolo Healthy Aging Alliance; Teja Payne, Area 4 Agency on Aging; Emily Vaden, HHAS; Aurora William, HHSA

1) WELCOME & INTRODUCTIONS

- Emily welcomed the group and around the table introductions were performed.
- Emily announced that Yolo County received Public Health Accreditation in November. The CHA and CHIP were part of the prerequisites for applying and were also called out as one of the strengths.

2) DATA SHARING

- See Dashboard at www.HealthyYolo.org for updated data.
- **Affordable Housing Policies:** The City of Winters is working on their housing policy. Additionally, Woodland City Council is reviewing affordable housing.
- **Transportation Vouchers:** Area 4 Agency on Aging is looking at various ways to increase access. There may be adjustments coming to the vouchers in order to make them availability for more than just Adult Day Health. These vouches are only for para-transit via Yolo Bus Special and an additional services in Davis. These vouches are distributed through various senior centers.
- **Healthy Living Workshops:** These workshops were conducted by dual trainers at Yolo County Health & Human Services Agency. Since one of the trainers retired, two new staff members have been identified to be trained in this evidenced based model. In addition, these two staff members will be certified as master trainers, which will allow them to train additional individuals. There have been feedback that the attendance at these workshops has been a challenge, so HHSA will be asking partners to help with promotion and participation.
- **Additional Measures:**
 - Haydee may be able to pull data on what percentage of income is used on housing

3) 2017 ANNUAL REPORT PREP

- Emily reviewed the need for a 2017 Annual Report and reviewed the 2016 Annual Report. Emily then led the group in brainstorming for the 2017 Annual Report:
 - Do people use the data?
 - Yes, Sheila shared that she regularly shares the website with others.
 - What data requests to community partners receive that we could incorporate?
 - Make sure to include an explanation that there are many other pieces of the system that are not yet included.
 - How to communicate the need to add more strategies in order to move the needle? What else is needed?
 - Description of social determinates of health on webpage

CONTENT	DISTRIBUTION
<ul style="list-style-type: none"> • The 2016 format works well. • Emily will be sending out another survey to participants for feedback on the process over the last year. • Emily will be asking programs for photos. 	<ul style="list-style-type: none"> • Press Release • Hard copies <ul style="list-style-type: none"> • Senior Centers • Libraries • Housing • Hospital and clinic partners working on CHA. • Meetings <ul style="list-style-type: none"> • Health Council • MCAH Advisory Board • Aging Commission • Healthy Aging Alliance • Food community (Yolo Food Council?)

4) 2019 COMMUNITY HEALTH ASSESSMENT UPDATES

- The Community Health Assessment was done in 2013-2014. The Public Health Accreditation Board requires a CHA every five years, while hospital systems are required to do a Community Health Needs Assessment every three years. Since both are due in 2019, Dignity, Sutter, and HHSA will be collaborating to complete one CHA/CHNA.
- The hospitals have internal processes, deadlines, approvals, and formatting requirements that will need to be followed.
- A Community Health Assessment Steering Committee has been formed, with representatives from Dignity, Sutter, HHSA, CommuniCare, Winters Health Care, and Elica. The committee has met six times with a focus on creating timeline for the process in order to meet everyone's requirements. The Committee expects about a year long process.
- Kaiser and UC Davis are not included due to the fact that the Community Health Assessment has a boundary of the County lines.
- A strong effort will be made to make sure the community is engaged and involved. A consultant will be hired to facilitate the town halls and focus groups, with HHSA facilitating the overall process and surveys.
- The Community Health Branch is in the process of hiring an analyst to take on the CHIP, as well as other duties as Emily is transitioning to agency level duties. Ashley and Emily will continue to make sure the measures are aligning with other agency efforts but the new analyst will work on outreach and meeting facilitation. Additionally, there is an opportunity to have Public Health Intern from UC Davis to assist in the process.
- The Health Education Council is working with CACHI in West Sacramento in regards to heart health. Those efforts and some of the data will help inform the CHA.

5) REVIEW HEALTH OUTCOMES DATA

- Emily led the group in a review of the Health Outcome Data.
- **Rate of ER Visits Due to Falls:** There have been a significant number of classes around fall prevention, why is the number increasing? It is possible that the number is increasing due to the fact that there has been an increase in the number of older adults on extended Medicaid. Overall, the number of older adults has increased. Additional areas to look at are rates of substance use, mental health, home modification programs.
- **Mental Health and Drug Related Falls:** This measure needs to be modified to be older adults only and may need a new target.
- **Ambulance Responses:** This measure needs a target and a description to clarify if this is the number of calls or the number of transports. Emily will also ask for historical data.
- **Heart Disease:** Data for 2015 and 2016 is available and needs to be entered.
- **Blood Pressure:** Review the target.

- **Lung Disease:** Data is available and needs to be added. A new target needs to be identified.

Future data wishes

- # of first responder (fire) for each jurisdiction for falls.
- # of calls vs. transports
- Housing data (income vs. rent? Homeless older adults)
- % of adults who visited doctor in the last year (CHIS)

6) QUESTIONS AND NEXT STEPS

Next meeting
April 25, 2018
8:30 – 11:00 am
Gonzalez Building, Community Room
25 N. Cottonwood Street, Woodland