Local Mental Health Board

Regular Meeting: Monday, August 28, 2017, 7:00 PM – 9:00 PM
1212 Merkley Ave. West Sacramento, CA 95691 – AFT Community Meeting Room

All items on this agenda may be considered for action.

CALL TO ORDER ---------------------------------------------------------------7:00 PM – 7:15 PM

1. Welcome and Introductions
2. Public Comment
3. Approval of Agenda
4. Approval of Minutes from June 26, 2017
5. Member Announcements
6. Correspondence

TIME SET AGENDA ----------------------------------------------------------7:15 PM – 7:45 PM

7. Quality Management Consumer Perception Survey Presentation – Samantha Fusselman, Deputy Mental Health Director

TIME SET AGENDA ----------------------------------------------------------7:45 PM – 8:00 PM

8. Committee restructuring – James Glica-Hernandez
   a. Establishing regular Public Guardian and Substance Use Disorder updates
   b. Developing metrics for Public Guardian office

TIME SET AGENDA ----------------------------------------------------------8:00 PM – 8:15 PM


CONSENT AGENDA ----------------------------------------------------------8:15 PM – 8:40 PM

10. Mental Health Director’s Report – Karen Larsen
    a. Personnel
    b. Grant Opportunities
    c. RDA & MHOAC
    d. Prop 47
    e. RFP Update
    f. Facilities
    g. SB 82
    h. Public Guardian Update
    i. Yolo Safety Net
    j. Innovation Plans

REGULAR AGENDA ----------------------------------------------------------8:40 PM – 8:55 PM

11. Board of Supervisors Report – Supervisor Don Saylor

If requested, this agenda can be made available in appropriate alternative formats to persons with a disability, as required by Section 202 of the American with Disabilities Act of 1990 and the Federal Rules and regulations adopted implementation thereof. Persons seeking an alternative format should contact the Local Mental Health Board Staff Support Liaison at the Yolo County Health and Human Services Agency, LMHB@yolocounty.org or 137 N. Cottonwood Street, Woodland, CA 95695 or 530-666-8516. In addition, a person with a disability who requires a modification or accommodation, including auxiliary aids of services, in order to participate in a public meeting should contact the Staff Support Liaison as soon as possible and preferably at least twenty-four hours prior to the meeting.
13. Future Meeting Planning and Adjournment – James Glica-Hernandez
   a. Long Range Planning Calendar Discussion and Review
   b. Next Meeting Date and Location – September 25, 2017 at 137 N. Cottonwood St. Woodland, CA 95695, Thomson Conference Room.

I certify that the foregoing was posted on the bulletin board at 625 Court Street, Woodland CA 95695 on or before Friday, August 25, 2017.

[Signature]

Julia Bodeanu, Administrative Services Analyst
Local Mental Health Board Administrative Support Liaison
Yolo County Health and Human Services Agency
Item 4.
Approval of Minutes from June 26, 2017
Local Mental Health Board
Meeting Minutes
Monday, June 26, 2017, 7:00 – 9:00 PM
137 N. Cottonwood St. Woodland, CA 95695
Community Meeting Room


Members Excused: Don Saylor, Juliet Crites

Staff Present: Karen Larsen, HHSA Director, Mental Health Director, and Alcohol and Drug Administrator
Sandra Sigrist, HHSA Adult & Aging Branch Director
Iulia Bodeanu, HHSA Secretary to the Director, LMHB Administrative Support
Mike Summers, Yolo County Crisis Intervention Team Training Coordinator

CALL TO ORDER

1. Welcome and Introductions: The June 26, 2017 meeting of the Local Mental Health Board was called to order at 7:05 PM. Introductions were made.

2. Public Comment
   • No Public Comment

3. Approval of Agenda
   Motion: Nicki King to approve the agenda as amended Second: Richard Bellows
   Vote: Unanimous to accept the agenda.

4. Approval of Minutes from the May 22, 2017 Meeting
   Motion: Robert Schelen Second: Sally Mandujan Discussion: None Vote: Unanimous to accept the minutes.

5. Member Announcements
   • Local Mental Health Board Training on June 10th. Only three board members who attended the training. Ethics training completion rate is good. Richard Bellows would like to ask the board to re-think how approach board training. Nicki King and Robert Schelen spoke to the merit of board trainings having attended them previously.
   • This is June Forbs’ last meeting as a Local Mental Health Board Member. June was presented with an accomplishment plaque by the board.

6. Correspondence
   • No correspondence
TIME SET AGENDA

7. Crisis Intervention Team Training Program Presentation
   Mike Summers, CIT Training Coordinator

8. Mental Health Services Act Presentation:
   Board and Care / First Responders Proposals
   Roberta Chambers and Kelechi Ubogho, Resource Development Associates (RDA)
   Motion: Martha Guerrero made a motion for the LMHB to draft a letter of support for the Innovation Projects to be submitted to the MHOAC. Second: Richard Bellows seconded the motion Vote: Unanimous Discussion: Deadline for the letter is July 14th, 2017.

   Discussion: Nicki King shared concerns regarding RDA’s ability to be objective in evaluating the community services component due to their close relationship with the MHOAC. Karen will follow-up and report back regarding a possible conflict of interest.

CONSENT AGENDA

9. Mental Health Director’s Report: The following item(s) were pulled from Karen Larsen’s Mental Health Director’s Report for additional discussion.

   Item 9.b. Psychiatrist Staffing
   - Richard Bellows asked How many Full Time Equivalents (FTEs) are currently on staff? HHSA is currently short staffed in psychiatrists. The Agency’s Health Professionals Shortage Area (HIPSA) score was increased which incentivized the recruitment of psychiatrist. The objective of the State of Reform conference is a non-partisan annual conference that looks at health policy and health care and how it has been rolled out. The Agency has been looking at a variety of prescribing providers. Full-time psychiatrist Dr. Shigagi is scheduled to start on August 2nd with the hope that two other psychiatrists will be hired in July.

   Item 9.f. Proposition 47 Grant
   - The Prop 47 Diversion Program services will be contracted out to various providers. Internal staff, probation officers, district attorney’s office, and one HHSA analyst have been assigned to the project. $4 Million have been allocated over the next three years.

   Item 9.h. Davis Site
   - Wellness Center renovation plans have been approved for the northeast corner of the building. The Davis location will have a service center component on-site.

   Item 9.i. Maddy Funds
   - Maddy Funds are used to employ 22 nurse practitioners for mental health consumers and are housed at the navigation centers.

REGULAR AGENDA

10. Election of Chair for the Communications and Education Committee:
   - No report.

11. Board of Supervisors Report: Supervisor Saylor
   - No report, not present.
12. Chair Report: James Glica-Hernandez
   - No report, not present.

13. Future Meeting Planning and Adjournment: Nicki King
   - Next Meeting Date and Location – August 28, 2017 at 1212 Merkley Avenue, West Sacramento, CA 95691, AFT Library Community Room.
   - This meeting was adjourned at 8:08 PM.
Item 10.
Mental Health Director's Report
Mental Health Director’s Report
August 28, 2017

Personnel – Since our last meeting there have been several exciting personnel changes. Samantha Fusselman has been appointed Deputy Mental Health Director, Ian Evans has been appointed Alcohol and Drug Administrator and we hired Mimi Hall as our new Public Health Director. Unfortunately, the candidate we had for our full time psychiatry position didn’t work out. The good news is we have increased our HPSA score dramatically which allows psychiatry candidates to get loan repayment, and we are working with a recruiter and locum tenens provider.

Grant Opportunities – We submitted a grant proposal in collaboration with the cities of West Sacramento, Woodland and Davis to Partnership Healthplan of California for housing units in Yolo County to address homelessness. Yolo County is eligible for just over $2 million. Yolo County also received a grant from DHCS for Narcan distribution to be given in cases of overdose. The Naloxone Grant Program strives to reduce the number of fatal overdoses in California from opioid drugs, including prescription opioids and heroin, by increasing access to the life-saving drug Naloxone. The grant allows the local public health department to provide free doses of Naloxone to local providers to keep on site and administer in the event of a potential overdose. Possible locations where the drug can be distributed include: harm reduction/syringe exchange programs, substance use disorder treatment providers, homeless programs, jails, emergency services providers, law enforcement and others. Thus far, several programs have expressed interest in receiving some of the Naloxone doses at their sites, including the Yolo County Library, CommuniCare Health Centers and the County Jail. Staff will be working over the next few months to identify additional community-based sites where Naxolone can be administered, with an emphasis on engaging programs that would not otherwise have access to this life-saving drug.

RDA & MHOAC - To address the concerns regarding a possible conflict of interest between Resource Development Associates (RDA) and the Mental Health Services Oversight and Accountability Committee (MHSOAC). According the Local Mental Health Board Minutes and Mental Health Director’s Report from 12/05/16, “HHSA has looked into the concerns regarding the plan consultants, Research Development Associates (RDA) and a potential conflict. RDA’s Roberta Chambers clarified that RDA did in fact enter into a contract with the Mental Health Services Oversight and Accountability Commission (MHSOAC) to evaluate community planning processes, but this work was completed prior to Yolo MHSA’s last 3 year planning process. At the time of the evaluation, RDA was not performing community planning for counties, but had earlier worked with one county. The issue of conflict of interest was discussed with the MHSOAC before the contract was finalized. In the end, RDA did research for the MHSOAC on best practices in community planning, which was included in their report, and of course, potentially benefits all counties (including those who work with RDA). RDA facilitated community planning with 3 counties last year, but only one this year—Yolo. The MHSOAC evaluation in question was completed well over 3 years ago and did not evaluate work RDA had done for Yolo County.”

Prop 47- Proposition 47, also called the Safe Neighborhood and Schools Act, is a voter-approved initiative to focus prison spending on violent and serious offenses, to maximize alternatives for non-serious, nonviolent crime, and to invest the savings generated from this act into prevention and support
programs. HHSA, in collaboration with the District Attorney’s Office, Probation Department and Public Defender’s Office will utilize $6 million over a 3-year period to provide wraparound services for individuals who are eligible for a criminal justice diversion program and provide them with intensive case management, employment assistance, civil legal assistance and permanent housing assistance for those with a history of mental health issues and/or substance use disorders. HHSA’s Steps to Success Program is outlined HERE.

RFP updates-

MHSA

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<th>Program</th>
<th>Projected Contract Date</th>
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<td>Housing and Supportive Services</td>
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<td>Turning Point</td>
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<td>Latino Outreach/MH Promotores</td>
<td>10/1/2017</td>
<td>CommuniCare &amp; RISE</td>
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<td>Access &amp; Linkage -- School Rural El School Mentorship/Strengths Rural</td>
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<td>Navigation Center</td>
<td>11/1/2017</td>
<td>Pending</td>
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<tr>
<td>Peer Family-Led Support Services- Scope #1 TAY Speakers Bureau - Scope #2</td>
<td>11/1/2017</td>
<td>Pending</td>
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</tbody>
</table>

Facilities- Staff have been working closely with an architect to figure out configuration options for our Davis site. We will have employment and eligibility services and the mental health services will move closer to the new wellness center at the site. We continue to work with a realtor to find locations for a residential treatment facility and navigation center.

SB82 update- We have learned that the new round of SB82 funding to be released will not support continued funding of our existing CIP program.

Public Guardian Update - We have officially hired a third conservatorship officer, Jessica Gojkovich. Jessica has been working in the PG’s office across the past several months, on loan from the Service Centers, and has now accepted the ongoing Conservatorship Officer position. Jessica brings excellent and varied experience having worked in both the children and adult systems of care. In addition, she is in the final months of school to obtain her Master’s Degree in Social Work.

Yolo Safety Net- By the numbers... See regional breakdowns HERE.
**Innovation Plans**- On July 27, the Mental Health Services Oversight and Accountability Commission approved both MHSA Innovation Plans, including the Board & Care Study Project and the First Responders Initiative.

- The First Responders Initiative will expand the local crisis management continuum by improving collaboration and information sharing between emergency responders, mental health providers and consumers. The Initiative will mitigate unnecessary hospitalization and incarceration of people experiencing a mental health crisis. The project was awarded $1,725,139 over three years and includes opening a Mental Health Urgent Care with integrated County and local hospital staffing.

- The Board & Care Study Project will be a collaboration between multiple countywide stakeholders to gather information and gain an understanding of the challenges of providing an appropriate level of housing assistance and support for adult consumers with the most intense mental health service needs. This project was awarded $89,125 for one year. Yolo’s Innovation information gathered will be provided to the California Mental Health Planning Council, who is set to initiate a parallel statewide project in coming months.
1. **PROJECT OVERVIEW**

A. **Proposition 47**

Proposition 47, also called the Safe Neighborhood and Schools Act, was a voter-approved initiative to focus prison spending on violent and serious offenses, to maximize alternatives for non-serious, nonviolent crime, and to invest the savings generated from this act into prevention and support programs. The money saved from Prop 47 will be deposited into a fund and disbursed through three grant programs according to the specifications of the Act.

One of the grant programs will be administered by the Board of State and Community Corrections (BSCC) to public agencies aimed at supporting mental health treatment, substance abuse treatment, and diversion programs for people in the criminal justice system, with an emphasis on programs that reduce recidivism of people convicted of less serious crimes, such as those covered by the measure and those who have substance abuse and mental health problems.

B. **Steps to Success**

Out of the 58 proposals submitted for the first round of BSCC Prop 47 grant funding, Yolo County Health and Human Services Agency (HHSA) was one of 23 successful proposers and was awarded $5,968,214.00 for its Steps to Success Program. Steps to Success is a significant expansion to Yolo County’s existing continuum of criminal justice diversion programs. Specifically, the project applies the principles of restorative justice and trauma-informed care to provide wraparound services to individuals that are eligible for a diversion program, but are unlikely to succeed without intensive supports due to their history and current issues with mental health and/or substance use disorders.

In an effort to address the gaps in its current criminal justice continuum, HHSA’s Steps to Success project has defined the following: Target Population, Project Goal, Project Description, Diversion Program Process and Performance Outcomes.

i. **Target Population**

The project’s target population is adults age 18 and older who:

1. Have been arrested, charged with, or convicted of a criminal offense;
2. Are currently eligible for a diversion program in Yolo County; and
3. Have a history of mental health issues and/or substance use disorders.
ii. **Project Goal**

The project proposes to reduce recidivism and advance the recovery of people in the target population by improving four key areas in the lives of each participant, including:

1. Criminal justice involvement;
2. Housing stability;
3. Behavioral and physical health; and

iii. **Project Description**

The project’s collaborative components include:

**County and Community-based Organizations:**

1. Outreach and assessment;

**County:**

2. Criminal justice diversion

**Community-based Organizations:**

3. Intensive case management & treatment; and
4. Civil legal services; and
5. Housing assistance.

iv. **Diversion Program Process**

Following arrest and referral from Law Enforcement on an Eligible Offense determined through the District Attorney’s Office, potential project participants meet with a Probation Officer and Clinician and complete a Risk Assessment with Probation.

Once determined eligible, project participants are directed into either Civil Legal Services only; the Restorative Justice Program to resolve their offense, in addition to receiving Civil Legal Services as necessary; or, for high risk offenders who agree to Probation Supervision, enrollment into the Steps to Success Intensive Supports Program.

Once enrolled in Steps to Success Intensive Supports, project participants will complete a comprehensive assessment with a Clinician, focused on determining his/her unique strengths and needs in each of the 4 Project Goal areas. For these project participants, Community Based Organizations will provide case management, mental health intervention and, as needed, linkage to civil legal services, assistance to access and sustain care in substance use treatment, and support to obtain and maintain safe and appropriate housing.
**STEPS TO SUCCESS DIVERSION PROGRAM**

**PROCESS MAP**

- **Outreach**
  - Arrest on Program Eligible Offense
  - First contact with Probation Officer & Clinician
    - Probation completes (ORAS)

- **Civil Legal Services Only – Community Resource Classes**

- **Restorative Justice**

- **Civil Legal Services**

- **Intensive Support**
  - Offender Agrees to Probation Supervision and Enrolls in Steps to Success
  - Clinician Assessments
  - Restorative Justice Conference
  - Case Management & Treatment
  - Civil Legal Services Option
  - Permanent Housing Option

*Assessments, Civil Legal Services, and Case Management will be resourced out.*

**Permanent Housing Funds will go directly to program participants.**

***Civil Legal Services can be utilized by participants any time after contact by Probation.***
v. Performance Objectives

HHSA, in partnership with a professional evaluation firm, will use a Results-Based Accountability model to measure progress towards the following objectives. Each of the components listed in the Project Description section (page 2, above) will complete tracking and reporting on objectives in the RBA, as relevant to the specific component within the overall Steps to Success project.

The awarded proposer will be required to track and report on the bullets below.

1. How much did we do?

- 150 people will be contacted and assessed during outreach each year
- 75 people will be provided with case management and treatment each year
- 200 people will be provided with civil legal education and/or services each year
- 30 people will be provided with rapid re-housing assistance each year

2. How well did we do?

- 90% of potential project participants will have an assessment completed (ORAS, LOCUS, ASAM, ANSA and/or VI-SPDAT as appropriate) within 30 days of initial engagement
- 50% of individuals who are contacted through outreach and determined to be eligible for the program will choose to voluntarily participate
- 90% of project participants will be engaged in case management and treatment services within 30 days of enrollment in the project
- Demographic makeup of project participants will be comparable to demographic makeup of overall arrestee population in Yolo County (approximately 47% white, 34% Hispanic or Latino, 3% Asian, 3% Other/Multiple Races, 13% Black)

3. Is anyone better off?

Criminal Justice Involvement

- 75% of participants will not recidivate while engaged with the program
- 75% of participants will not recidivate within 12 months of graduating the program
- 50% fewer days in jail for participants while in the program
- 50% fewer arrests/tickets for participants while in the program

Housing Stability

- 70% of participants will secure and/or maintain permanent housing
- 80% of participants who secure permanent housing will remain housed at 6 months

Physical and Behavioral Health

- 50% fewer emergency care visits while in the program, as compared to year prior to enrollment
- 75% fewer days in psychiatric hospitalization while in the program, as compared to year prior to enrollment

Self-Sufficiency

- 60% of participants will secure monthly income (employment or permanent benefit)
- 90% of those eligible will enroll in CalFresh
- 100% of those eligible will enroll in health insurance
BY THE NUMBERS

DAVIS
Pop: 65,622
Pov: (29%)•
MC: 7,965 (12%)•
CF: 2,671 (4%)•
CW: 287 (>1%)•
WIC: 515 (>1%)•
WIOA: 201 (>1%)•

WOODLAND
Pop: 55,468
Pov: (14%)•
MC: 21,042 (38%)•
CF: 6,817 (12%)•
CW: 1,203 (2%)•
WIC: 2,543 (4%)•
WIOA: 702 (1%)•

W. SACRAMENTO
Pop: 48,744
Pov: (18%)•
MC: 17,733 (36%)•
CF: 7,905 (16%)•
CW: 1,803 (4%)•
WIC: 1,885 (4%)•
WIOA: 1,158 (2%)•

WINTERS
Pop: 6,624
Pov: (5%)•
MC: 2,571 (39%)•
CF: 709 (11%)•
CW: 154 (2%)•
WIC: 249 (4%)•
WIOA: 25 (>1%)•

*Data—2015 US Census / Yolo County HHSA s April 2015. MC excludes CalWORKs, AAP, KG, FC individuals. CF excludes CW codes (PA).
## Rural Yolo

<table>
<thead>
<tr>
<th>Village</th>
<th>Pop</th>
<th>Pov (%)</th>
<th>MC (Pop)</th>
<th>CF (Pop)</th>
<th>CW (Pop)</th>
<th>WIOA (Pop)</th>
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<tbody>
<tr>
<td>Esparto</td>
<td>3,108</td>
<td>10%</td>
<td>1,276 (41%)</td>
<td>390 (13%)</td>
<td>47 (2%)</td>
<td>15 (&gt;1%)</td>
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<td>Dunnigan</td>
<td>1,416</td>
<td>26%</td>
<td>639 (45%)</td>
<td>226 (16%)</td>
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<td>Madison</td>
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<td>350 (70%)</td>
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<td>Brooks</td>
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Long Range Planning Calendar
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<tr>
<td>1/23/17</td>
<td>Final Strategic Plan Presentation</td>
<td>Ad Hoc Committee: June Forbes, Tawny Yambrovich, Richard Bellows and Bob Schelen</td>
<td>Presentation</td>
<td>Past</td>
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<td>1/23/17</td>
<td>LMHB Trainings</td>
<td>Richard Bellows</td>
<td>Presentation</td>
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<td>2/27/17</td>
<td>LMHB Trainings Proposal</td>
<td>Richard Bellows</td>
<td>Motion/Approval</td>
<td>Past</td>
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<td>2/27/17</td>
<td>Board Name Change Discussion and Vote</td>
<td>Ad Hoc Committee: Nicki King, Bret Bandley, Martha Guerrero, Bob Schelen, and Ajay Singh</td>
<td>Recommendation</td>
<td>Past</td>
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<td>2/27/17</td>
<td>Yolo County 2016 Data Notebook Review and Approval</td>
<td>Ad Hoc Committee: James Glica-Hernandez, Sally Mandujan, Nicki King, and Brad Anderson</td>
<td>Motion/Approval</td>
<td>Past</td>
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<td>3/27/17</td>
<td>Approval of Strategic Plan</td>
<td>Ad Hoc Committee: June Forbes, Richard Bellows and Bob Schelen</td>
<td>Motion/Approval</td>
<td>Past</td>
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<td>3/27/17</td>
<td>MSHA Three-Year Program and Expenditure Plan FYs 2017-2020 for Local Mental Health Boards recommendation</td>
<td>Joan Beesley, MHSA Manager</td>
<td>Presentation</td>
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<td>3/27/17</td>
<td>Committee Workshop</td>
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<td>4/24/17</td>
<td>Annual Report Approval</td>
<td>Executive Committee</td>
<td>Recommendation</td>
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<td>4/24/17</td>
<td>Behavioral Health Services Budget Presentation</td>
<td>Connie Cessna-Smith, HHSA Fiscal Administrative Officer</td>
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<td>4/24/17</td>
<td>Public Forum</td>
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<td>5/22/17</td>
<td>2018 LMHB Meeting Calendar Location Discussion</td>
<td>Richard Bellows</td>
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<td>5/22/17</td>
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<td>Committee Workshop</td>
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Last Updated 8/25/17
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<td>6/26/17</td>
<td>Community Intervention Training (CIT)</td>
<td>Mike Summers</td>
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<td>8/28/17</td>
<td>Quality Management</td>
<td>Samantha Fusselman, Deputy Mental Health Director</td>
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<td>Committee Meeting</td>
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<td>9/25/17</td>
<td>Mental Health Services Presentation: Child Welfare Services and Foster Youth</td>
<td>Jennie Pettet, Child Youth and Family Branch Director</td>
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<td>9/25/17</td>
<td>Approval of LMHB Recommendation on the BHS Recommended Budget</td>
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<td>9/25/17</td>
<td>Board Training on Oct. 21 in Sacramento</td>
<td>Susan Wilson</td>
<td>Training</td>
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<td>10/23/17</td>
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<td>2018 LMHB Meeting Calendar Approval</td>
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Suggestions

TBD YCCC Presentation
TBD Rose King, Mental Health Activist
TBD CSOC overview including contracted services (CCHC, YFSA, TPCP)
TBD AOT Update (TPCP)
TBD Public Guardian Update