



COUNTY OF YOLO

Health and Human Services Agency

Healthy Yolo: Chronic Disease Prevention Work Group

Minutes

Date & Time: January 10, 2017 1:30 – 3:30 p.m.
Location: Gonzalez Building, Community Room, 25 N. Cottonwood St, Woodland
Organizer: Emily Vaden
Attendees: Jan Babb, HHS; Ron Chapman, HHS; Haydee Dabritz, HHS; Amy Dyer, HHS; Martin Gonzalez, CommuniCare Health Centers; Jessica Hackwell, Partnership HealthPlan of California; Marcel Horowitz, UC Cooperative Extension; David Lineburger, HHS; Ashley Logins-Miller, HHS; John McKean, Community Member; Emily Vaden, HHS

Welcome & Introductions

- Emily welcomed the group and around the table introductions were performed.
- Emily reviewed the CHIP process to date:
 - In 2014 the Community Health Assessment (CHA) was completed. From that, priority areas were identified.
 - Workgroups were assembled around the priority areas, assembled, CHIP was written with goals for each workgroup. Of partners that attended, strategies were developed to address those five year goals.
 - Programs and partners report out data based on the strategies on a quarterly basis.

Data Sharing

- See Dashboard at www.HealthyYolo.org for updated data.
- As a reminder to those reporting data; it should be meaningful data on a frequency that you already utilize.

GOAL & STRATEGY	RESPONSIBLE PERSON	MEASURES	DATE RANGE OF DATA
1B	Dawn Myers Purkey	# of slots available for Adult Day Services	Oct – Dec 2016
1B	Dawn Myers Purkey	# on waiting list for Yolo Adult Day Health	July – Sept 2016 Oct – Dec 2016
2B	Rebecca Tryon	# of pounds of produce distributed	Jan – Dec 2016
2B	Rebecca Tryon	# of bags distributed	Jan – Dec 2016
2B	Rebecca Tryon	# of adults who attended garden classes	Jan – Dec 2016
2B	Rebecca Tryon	# of youth who attended garden classes	Jan – Dec 2016
3A	Rebecca Tryon	# of CNAP partners who utilize Sugar Sweetened Beverages Consumption Reduction	Jan – Dec 2016
4A	Rebecca Tryon	# of kids walking and biking to Davis Elementary Schools	July 2016 – June 2016
4A	Rebecca Tryon	# of Woodland youth who have received bike or pedestrian safety/skills education	July – Dec 2016
4A	Rebecca Tryon	# of Woodland Joint Unified Schools reached with Safe Routes to School Program activities (5)	July – Dec 2016
6A	Steve Jensen	# of cities with TRL policies	Jan – Dec 2016

- There will be additional measures added into Chronic Disease Management, including new measures regarding Tobacco Retail License enforcement rates.

Annual Review and Report

- Emily shared that this has wrapped up the first year of data reporting for CHIP. This has been an amazing first year that included the implementation of the web based dashboard system. This Dashboard has been shared with the Board of Supervisors and in many other meetings. It is great to see both the successes and challenges in the measures.
- The team discussed the draft 2016 CHIP Annual Report that was sent out via email earlier this week. The Annual Report serves multiple purposes:
 - Reflect on what has and has not worked for each strategy.
 - A communication tool for the community
- The following feedback was given in regards to the Annual Report
 - Include definitions and more information about what the strategy is. Possibly include easy to implement ideas (new rethink your drink recipe).
 - It would be great to include some pictures of the strategies in action, so if you are a program that has been reporting data and has a picture that might show that, please send to Emily and/or Ashley.
 - Quotes from individuals who benefited from the strategies, for example, someone who received a produce bag from WIC.
 - In the introduction include a “why” (use the Call to Action as part of the why)
 - Discussed how this may be useful to community member. At this point, it is more of a tool for recruitment of programs and agencies.
 - Include graphs.
 - Discussed which areas were impressive such as the produce from the garden and TRL.
- Brainstorming for distribution
 - Each City Council
 - Press Release
 - Libraries (make sure that all the libraries also have a copy of the CHIP and CHA still)
 - Community Centers (Family Resource Centers, etc.)
 - Universities and colleges
 - School system

Health Outcome Targets

- Health Outcomes are the community level indicators that the workgroups are keeping an eye on; they are the “why” of the strategies.
- When the Health Outcome measures were entered into the Dashboard system, the State data was entered as the target. At the October Joint Workgroup meeting, Emily led the group in an activity to identify more appropriate targets for the measures where Yolo County is already doing better than the State. Additional areas that we could look for targets include Healthy People 2020, or program targets.
- Today, we are going to work on identify targets for the remaining Health Outcomes where Yolo County is performing better than the State and Healthy People 2020.
- Dr. Chapman discussed with the group various ways you can identify targets: looking at historical increase to project future decreases, aligning with percentage difference between the State, an average of the measure, etc. To that end, the following targets were identified:

HEALTH OUTCOME	TARGET	METHOD	NOTES
Obesity Rate	20% by 2020	State level?	
% of adults with high blood pressures	24% by 2020		As more individuals access care, there may be an increase but the target is to have this go down.
% of adults with heart disease	5.3%	Average variance in the available data	This measure is missing data source in description
Preventable hospitalizations for diabetes			
Consumption of soda or sugar-sweetened beverages for school age children	2% by 2020		You can see the decrease when the vending machines were removed from school. There is a workgroup at the County that will be focusing on the area of sugar-sweetened beverage consumption reduction.
Diabetes Diagnosis	6.5% by 202	Within range of historical data	The data variance could be due to an adjustment of the question.
No exercise in the past week among children			
Adult smoking rate			

ACTION ITEMS

- **Dr. Chapman** will follow up with Haydee regarding the 2015 data. After receiving that data, Dr. Chapman will email out a recommended target to the workgroup.
- **Emily** will follow up with Haydee around what other data is available around exercise in children. This measure is confusing and maybe another data set would be better.
- **Emily** will follow up with Steven Jensen to see if the Tobacco Prevention Program is setting a target for reducing the adult smoking rate in their work plan.

Program Updates

- None at this time

Questions and Next Steps

Next meeting is a Joint Work Group meeting
 April 26, 2017
 9:00 – 11:00 A.M.
 Gonzalez Building, Community Rooms
 25 N. Cottonwood Street, Woodland