



# Yolo County Health & Human Services Agency Community Health Branch

## Healthy Aging Work Group Minutes

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**Date:** Wednesday, January 27, 2016 **Time:** 1:00 – 2:30 pm  
**Location:** Bauer Building, Thomson Room, 137 N. Cottonwood St, Woodland

**Attendees:** Sheila Allen, Yolo Healthy Aging Alliance, Yolo Commission on Aging; Therese Brown, St. John's Retirement Village; Charlotte Dorsey, A4AA, BBCAN; Ashley Logins-Miller, HHSA – Community Health Branch; Valerie Olson, Healthy Aging Alliance; John Troidl, Yolo Healthy Aging Alliance; Emily Vaden, HHSA – Community Health;

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### 1. Welcome

- Emily welcomed the group and around the table introductions were performed.
- Emily reviewed the CHIP process, which included six months of meeting and writing the CHIP. In December, the CHIP was finalized and emailed out. To view the entire Community Health Improvement Plan, please see [www.HealthyYolo.org](http://www.HealthyYolo.org). We are now in the data monitoring and implementation portion of the plan.
- The CHIP is a prerequisite for Public Health Accreditation, along with the Community Health Assessment (CHA) and a strategic plan. The Community Health Branch applied for Public Health Accreditation in December.
- The CHIP is a five year document, which will be updated as needed.

### 2. Community Health Branch Strategic Map Sharing

#### HANDOUTS

[Community Health Branch 2016-2019 Strategic Map](#)

[Yolo County 2016-2019 Strategic Plan Summary](#)

- In October, 18 Community Health Branch staff developed a three year strategic plan with the help of a facilitator. This Strategic map is a visual representation of that plan. The circle is the identified critical challenge; boxes A-D are the strategic priorities with boxes 1-6 the strategic objectives that relate to the priority. Boxes E and F are cross cutting priorities that will be infused in all the work completed.
- The highlighted boxes are the areas that staff identified as the first year priorities. The Branch is currently setting up teams to achieve these goals.
- As you see, the CHIP spans multiple priority areas and is well supported by the Branch.
- In addition, the County has also been working on a strategic plan. The County plan has four priority areas. As you can see, implementing the CHIP also shows up in the Thriving Residents priority area.



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## 3. Data Sharing

| GOAL, STRATEGY | RESPONSIBLE PERSON | MEASURES  | FREQUENCY | BASELINE          | JANUARY 26, 2016 DATA   |
|----------------|--------------------|---|-----------|-------------------|---|
| <b>1a</b>      | Lisa Musser        | % of participants who reported planning to apply fall prevention strategies (workshop)          | Quarterly | 95%               | <b>Dec 2015:</b> 95%  |
| <b>4a</b>      | Lisa Musser        | % of participants who reported planning to apply chronic disease management skills (workshop)   | Quarterly | 89%               | TBD   |
| <b>4a</b>      | Lisa Musser        | % of participants who reported planning to apply chronic disease management skills (visitation) | Quarterly | TBD in April 2016 | TBD   |
| <b>3a</b>      | Lori Howton        | # of one way rides redeemed by vouchers   | Quarterly |                   | 1,094 (July 1 – Dec 31)<br>Need it split out by quarter. Goal for full year 2400 redeemed.  |
| <b>2a</b>      | Victoria Lewis     | # of hits on 2-1-1 site/database for older adult services                                       | Quarterly |                   | 159 (phone)<br>178 (web)<br>Total: 337  |
| <b>1b</b>      | Sheila Allen       | # of cities with affordable housing policies  | Annually  |                   | Davis, Woodland, West Sacramento, and the Unincorporated areas have affordable housing policies. Winters does not but has an affordable housing steering committee. |
| <b>1b</b>      | Sheila Allen       | # of cities with universal design in their housing code   | Annually  |                   | Yes – Davis & West Sacramento<br>No, but encouraged as voluntary – Woodland, Winters<br>No – Unincorporated   |

*Does Davis keep data on Unitrans rides on seniors. John will follow up with director and see if they would like to participate.*



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## 4. Program Sharing

- **Sheila Allen** would like to include Lisa Baker from Yolo Housing. One gap is the number of housing vouchers . There are only 1,547 vouchers, which has only increased by 10 in the last 10-20 years. Once on the waiting list, it is years before you get a voucher. In addition, there is a time limit on the voucher.
- **Therese Brown** shared that St. John’s Retirement Village will be hosting the next series of Healthy Living workshops starting in March.
- **Therese Brown** also shared that St. John’s Retirement Village is hosting a discussion of case managers, client navigators, etc. around providing training in regards to connecting to community based agencies.
- **Valerie Olson** looking at health assessments for older adults, would it be difficult to have one question, such as “have you had a fear of falling or have you fallen since the last time you saw us?”.
- **Charlotte Dorsey** gave kudos to Lisa Musser for her CPR class.
- **Ashley Logins-Miller** shared that on April 6<sup>th</sup>, the Community Health Branch will be hosting a Public Health Fair. More information and flyers to come.
- There will be a Senior Resource Fair on the first Friday in May in West Sac.

## 5. Questions & Next Steps

Next mtg is joint mtg in April.

- A) CHIP Sharing
  - a. If you would like to share it, please do so.
- B) New Partners
  - a. Please bring new partners, or connect them with Ashley.
- C) Dashboard launch in April
  - a. Will be putting the data portion into the Dashboard system that CH has purchased. Great tool to show what you are doing. Can maintain program performance measures, CHIP. Will be able to do strategy map. Eventually – couple years down the road – can have community partners enter data right into the Dashboard with the ability to embed into websites.

## 6. Meeting Evaluation

| Plus (+)   | Delta (Δ)  |
|--|--|
| <ul style="list-style-type: none"> <li>• Blueberries were delicious</li> </ul> | <ul style="list-style-type: none"> <li>• Need better outreach and attendance</li> <li>• Would like a reminder 2 days prior to the meeting.</li> <li>• Would really like the people to have the data attend to answer questions.</li> </ul> |



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## 2016 Health Aging Work Group Schedule

\*\*\*\*\*UPDATED 2/29/16\*\*\*\*\*

| Date              | Time        | Location                             |
|-------------------|-------------|--------------------------------------|
| January 27, 2016  | 1:00 – 2:30 | Bauer Building, Thomson Room         |
| April 28, 2016    | 1:30 – 3:30 | Bauer Building, Thomson/Walker Rooms |
| July 13, 2016     | 1:30 – 3:00 | Bauer Building, Thomson Room         |
| October 27, 2016* | 1:30 – 3:00 | Bauer Building, Thomson/Walker Rooms |

\*joint meetings with all three workgroups.