



# Yolo County Health and Human Services Agency Community Health Branch

## Healthy Aging Work Group Minutes

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**Date:** Thursday, August 20, 2015

**Time:** 8:45 - 10:15 am

**Location:** Gonzalez Building, Community Rooms

**Attendees:** Sheila Allen, Joan Beesley, Therese Brown, Amy Dyer, Rodney Higgins, Lori Howton, Ashley Logins-Miller, Melinda Meeken, Valerie Olson, Cindi Royual Unger, Elida Serratos, John Troidl, Emily Vaden, Zoua Vang

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### Welcome

- Emily welcomed the group and introductions were performed.

### Brainstorming Further Strategies & Identify Gaps

- Please see Attachment A.

### Next Steps

- Emily will have a draft of the CHIP available for the next meeting. The next meeting will focus on data.

### Next Meeting

Thursday, September 24<sup>th</sup> 8:45 – 10:15 am Walker Room #1601



# Yolo County Health and Human Services Agency Community Health Branch

## Attachment A

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### Healthy Aging Goals and Strategies

# Healthy Aging Goal 1: All older adults are aware of and have affordable, accessible and safe transportation.

| PARTNER                                | PROGRAM            | NOTES  | GAPS   | REP |
|--|--------------------|--|--|-----|
| State of CA                            |                    | \$ for active transportation                   |  |     |
| Broderick Christian Center             |                    | Serves WS                                      |  |     |
| SACOG – Sac Area Council of Government | Funding & Planning |  |  |     |
| American Cancer Society/VA             |                    | Serves specific populations                    |  |     |
| Woodland General Plan                  |                    | includes pathway system, active transportation | County/City Plan to include pathways         |     |
| Community Care Car                     |                    | Volunteers                                     |  |     |
| Davis Community Transit                |                    |  |  |     |
| Yolo Bus & Yolo Bus Special            |                    |  | Change Yolo Bus Special to universal access. |     |
| Assisted Living Facilities have vans   |                    | Expand access to facilities that don't?        |  |     |

## Other Gaps:

- West Sacramento – WS has applied for ATP grant
- Rural Areas

**Gap? Davis: Establish greenbelt system and active transportation coordinator.**

## Potential Strategies:

- Access current availability
- Universal form for access to ADA transportation
- Expand Voucher system to accommodate all who need it (expand locations & more #)
- Follow SF model for free transportation for seniors and include disabled.
- Shared access/system

## Identified Partners/Programs

Effective/Regular “engagement” w/older adults who need service (more personal connections, relationships)

## Healthy Aging Goal 2: Improve systems of care including prevention, early diagnosis and treatment of aging adults.

| PARTNER                       | PROGRAM  | NOTES                       | GAPS | REP |
|-------------------------------|--|-----------------------------|------|-----|
| Adult Day Care                | <ul style="list-style-type: none"> <li>Care of people with dementia</li> <li>Social engagement</li> <li>Case Management</li> <li>IHSS</li> </ul> |                             |      |     |
| Construction Instruction      | <ul style="list-style-type: none"> <li>Trade union</li> <li>apprenticeships</li> </ul>   | Provides home modifications |      |     |
| A4AA Nutrition Ed             | <ul style="list-style-type: none"> <li></li> </ul>   | Starting 10/1/15            |      |     |
| Congregate Meals              | <ul style="list-style-type: none"> <li></li> </ul>   |                             |      |     |
| Multipurpose senior services  | <ul style="list-style-type: none"> <li></li> </ul>   |                             |      |     |
| Davis Senior Center           | <ul style="list-style-type: none"> <li>Retrofitting</li> </ul>   |                             |      |     |
| St. John's Retirement Village | <ul style="list-style-type: none"> <li>Alzheimer's Café</li> </ul>   |                             |      |     |
| Friendship line               | <ul style="list-style-type: none"> <li></li> </ul>   |                             |      |     |
| Davis Community Church        | <ul style="list-style-type: none"> <li>Caregiver support</li> <li>Other support</li> </ul>   |                             |      |     |
| RISE                          | <ul style="list-style-type: none"> <li>Senior groups</li> </ul>  |                             |      |     |
| Citizens Who Care             | <ul style="list-style-type: none"> <li></li> </ul>   |                             |      |     |
| Alzheimer's Association       | <ul style="list-style-type: none"> <li></li> </ul>   |                             |      |     |
| MDA                           | <ul style="list-style-type: none"> <li></li> </ul>   |                             |      |     |
| Cache Creek Casino            | <ul style="list-style-type: none"> <li>Tobacco reduction</li> </ul>  |                             |      |     |
| Del Oro Respite Service       | <ul style="list-style-type: none"> <li></li> </ul>   |                             |      |     |
| Yolo Hospice/Adult Day Care   | <ul style="list-style-type: none"> <li>Caregiver Support Groups</li> </ul>   |                             |      |     |

## Healthy Aging Goal 2: Improve systems of care including prevention, early diagnosis and treatment of aging adults.

| PARTNER                                 | PROGRAM   | NOTES | GAPS | REP  |
|---|---|-------|------|--|
| Health care Providers                   | •   |       |      |  |
| Partnerships Care Coordination Programs | <ul style="list-style-type: none"> <li>• Home visiting</li> <li>• Care transitions</li> <li>• Complex case management</li> <li>• IOPCM</li> <li>• Chronic Kidney disease case management</li> </ul> |       |      |  |
| VA                                      | • Respite Care  |       |      |  |
| HHSA                                    | • Home visiting program (Healthy Living)  |       |      | Yes<br>–<br>Lisa<br>Muss<br>er,<br>Amy<br>Dyer |
| Grandparent Car Seat Program            | •   |       |      |  |

65 Providers (Sheila)

### Other Gaps:

- Home modification (NCCT, Jail)
- Family/patient early recognition of symptoms
- Faith based pastoral model
- Senior Prom

# Healthy Aging Goal 3: All older adults and vulnerable populations have affordable, accessible, and safe housing.

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## Identified Partners/Programs

| PARTNER                    | PROGRAM                        | NOTES | GAPS | REP AT WG? |
|----------------------------|--------------------------------|-------|------|------------|
| Yolo Housing Authority     | •                              |       |      |            |
| Housing Project in Winters | •                              |       |      |            |
| HHSA                       | • Homeless Program Coordinator |       |      |            |
| City of Woodland           | • Homeless Taskforce?          |       |      |            |
|                            | •                              |       |      |            |

- Faith based volunteers
- Tools to use in the home
- Safety walk-through by another

### Gaps

- Some housing but not enough
- Room and Care facilities are limited (Board & Care) & Room and board
- Dementia care
- Universal design ordinance (city & county)
- # of low and moderate income spots
- Lack of care coordination within center (Summer tree)
- Homeless issue with housing and vouchers

# Healthy Aging Goal 4: Ensure an integrated, accurate, and well-publicized information system for older adult services.

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## Identified Partners/Programs

| PARTNER                       | PROGRAM                | NOTES                       | GAPS   | REP AT WG? |
|-------------------------------|------------------------|-----------------------------|--|------------|
| SeniorLink                    | •                      | Directory updated regularly | Print versions are not updated as regularly or as available.<br>Public's ability to access online. |            |
|                               | • Davis Resource Guide |                             |  |            |
|                               | • Legal Services       |                             |  |            |
| 2-1-1 Yolo                    | •                      |                             | Information no accurate<br>Awareness<br>Expertise  |            |
| Yolo Center for Healthy Aging | •                      |                             | Lack of coordination between public and private resources  |            |

- Create a transportation hub that includes information and connection to services.
- Identify all providers of information and outreach – bring together to assure collaboration.
- Create a unified database or a system to integrate regular updates of information.
- Create a media campaign to increase public awareness of I&A.

## Gaps

- Awareness of integration & focus on senior services.

# Healthy Aging Goal 5: Improve access to system of care including prevention, early diagnosis & treatment of aging adults.

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## Identified Partners/Programs

| PARTNER                | PROGRAM  | NOTES   | GAPS | REP AT WG? |
|------------------------|--|---|------|------------|
| Yolo ADHC              | <ul style="list-style-type: none"> <li>Caregiver Support Groups</li> <li>Daycare programs</li> </ul> |   |      |            |
| UCD                    | <ul style="list-style-type: none"> <li>Alzheimer Diagonisis Center</li> </ul>                        |   |      |            |
| Citizens Who Care      | <ul style="list-style-type: none"> <li></li> </ul>   | At Davis Senior Center<br>2x a month – Respite Assessments. |      |            |
| City of Davis          | <ul style="list-style-type: none"> <li></li> </ul>   | Pathways – good model (increases walking access)            |      |            |
| Senior Peer Counseling | <ul style="list-style-type: none"> <li></li> </ul>   | Mental health, uses volunteers, does assessments            |      |            |
| Del Oro                | <ul style="list-style-type: none"> <li>Caregiver Assessments &amp; Case management</li> </ul>        |   |      |            |
| HHSA                   | <ul style="list-style-type: none"> <li>Friendship Line for mental health and other needs.</li> </ul> |   |      |            |

## Gaps

- No system of care for dementia.
- Providers don't have tools and training for early support and intervention. (HAA is researching)
- Only one dementia/Alzheimer's' meeting in Woodland (1x a month)
- Not enough pathways in other yolo communities
- Access to healthy food and access to rural clients for MOV.
- Increase medicare providers (can't easily find info online – check list)
- Specialty medical practioners for Medicare
- Substance abuse and detox programs – not enough capacity.