

# Yolo County Health and Human Services Agency

## Therapeutic Continuum of Care

– CRISIS AND TRIAGE SERVICES –		– MENTAL HEALTH SERVICES –	
24-Hour Crisis and Access Line Crisis Triage Services SB82 - Community Based Crisis Response Daily Triage and Assessment for Services Appointments		Psychiatric and Nursing Services Staff Clinicians Children’s Systems of Care Adult Systems of Care	
– CLINIC LOCATIONS –			
<b>Woodland</b> Mon. – Fri. 8 AM to 5 PM (530) 666-8630 137 N. Cottonwood St., Ste. 1500 Woodland, CA 95695	<b>Davis</b> Mon. & Wed. 8 AM to 5 PM (530) 757-5530 600 A St. Davis, CA 95616	<b>West Sacramento</b> Tue., Thu., & Fri. 8 AM to 5 PM (916) 375-6350 500B Jefferson Blvd. West Sacramento, CA 95605	
– BEHAVIORAL HEALTH THERAPEUTIC CONTINUUM OF CARE –			
<b>Client and family members are engaged at every level, in every decision.                      Depending on the severity of mental health needs and/or substance abuse issues,                      an appropriate level of care will be determined by the care team along with client and their family.</b>			
	Prevention	Mild to Moderate	Serious Conditions
Mental Health	<ul style="list-style-type: none"> <li>Prevention &amp; Early Intervention</li> <li>Urban and Rural Resilience</li> <li>Mental Health First Aid</li> <li>Crisis Intervention Training (CIT)</li> <li>SafeTalk / Assist</li> </ul>	<ul style="list-style-type: none"> <li>Yolo Family Service Agency (YFSA)</li> <li>CommuniCare Health Centers</li> <li>Beacon</li> </ul>	<ul style="list-style-type: none"> <li>Psychiatric Oversight and Treatment</li> <li>Turning Point Community Programs</li> <li>Safe Harbor / Crisis Residential</li> <li>Board &amp; Care</li> <li>Institutions for Mental Disease (IMD)</li> <li>Hospitalizations</li> </ul>
Substance Use	<ul style="list-style-type: none"> <li>Screening, Brief Intervention, and Referral to Treatment (SBIRT) in Primary Care Setting</li> <li>Friday Night Live (FNL)</li> </ul>	<ul style="list-style-type: none"> <li>Outpatient Substance Abuse Treatment of 4 to 9 Months (TPCP, CCHC)</li> <li>Brief Intervention of 6 to 8 Visits with Behavioral Health Specialist</li> <li>Smoke Less</li> <li>Adolescent Youth Treatment</li> </ul>	<ul style="list-style-type: none"> <li>Intensive Outpatient Program</li> <li>Residential Treatment of 3 to 6 Months</li> <li>Detox</li> </ul>
Primary Care	<ul style="list-style-type: none"> <li>Physical Examination</li> <li>Health Screenings</li> <li>Health Prevention</li> <li>Lab Work</li> <li>Immunizations / Flu Shots</li> </ul>	<ul style="list-style-type: none"> <li>Chronic Disease Management</li> <li>Health Education</li> <li>Regular Appointments</li> <li>Dental Care</li> </ul>	<ul style="list-style-type: none"> <li>Referrals for Specialty Care</li> <li>HIV Case Management Services</li> </ul>
Service Linkages	<ul style="list-style-type: none"> <li>Community Recovery Support Systems</li> <li>Faith Based</li> </ul>	<ul style="list-style-type: none"> <li>Vocational / Educational Agency Services &amp; Supports</li> <li>Housing Opportunities</li> <li>Food</li> <li>Transportation</li> </ul>	<ul style="list-style-type: none"> <li>Hospitalization and Crisis Residential out of Home Placements for SMI / SED</li> </ul>



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## Substance Use Disorder Continuum of Care Providers

### Prevention

- Yolo County Friday Night Live  
[www.yolocounty.org/general-government/about-us/programs-services/friday-night-live](http://www.yolocounty.org/general-government/about-us/programs-services/friday-night-live)
- RISE Inc.  
[www.riseservicesinc.org](http://www.riseservicesinc.org)
- Victor Community Support Services  
[www.victor.org/victor-community-support-services](http://www.victor.org/victor-community-support-services)

### Education

- Yolo County Day Reporting Center (DRC)  
[www.scoe.net](http://www.scoe.net)  
[www.yolocountysheriff.com](http://www.yolocountysheriff.com)  
[www.yolocounty.org/law-justice/probation](http://www.yolocounty.org/law-justice/probation)  
[www.cdcr.ca.gov](http://www.cdcr.ca.gov)
- Safety Center  
[www.safetycenter.org](http://www.safetycenter.org)

### Early Intervention

- CommuniCare Health Centers – PC-1000  
[www.communicarehc.org](http://www.communicarehc.org)

### Outpatient Substance Use Disorder / Dual Diagnosis Services

- CommuniCare Health Centers  
[www.communicarehc.org](http://www.communicarehc.org)
- Turning Point Community Programs – Free to Choose  
[www.tpcp.org](http://www.tpcp.org)

### In Custody Services

- Phoenix House of California  
[www.phoenixhouse.org](http://www.phoenixhouse.org)

### Day Treatment Services

- CommuniCare Health Centers – Perinatal  
[www.communicarehc.org](http://www.communicarehc.org)

### Residential Services

- Cache Creek Lodge  
[www.cachecreeklodge.com](http://www.cachecreeklodge.com)
- Fourth and Hope  
[www.fourthandhope.org](http://www.fourthandhope.org)
- Progress House  
[www.progresshouseinc.org](http://www.progresshouseinc.org)

### Detox Services / Hospitalization

- Under Discussion (previously “Beamer Street”)
- Medication Assisted Treatment

# ASAM CRITERIA

As a part of designing our Organized Delivery System for Substance Use Disorders, we will be requiring all providers to conduct assessments utilizing ASAM Criteria and to refer according to these criteria.

Appropriate placement will assist in two ways:

- 1.) Avoid wasting department resources
- 2.) The client will receive services commensurate with his/her substance use disorder severity, avoiding inappropriate treatment dosage and use of resources.

The assessment will take into consideration the following criteria:

- Acute intoxication and/or withdrawal potential
- Biomedical conditions and complications
- Emotional, behavioral, or cognitive conditions and complications
- Readiness for change
- Relapse, continued use or continued problem potential
- Recovery environment

Assessments will include recommendations regarding levels of care as follows:

- Level .5: Early Intervention
  - At risk, no documented substance use disorder
  - Educational groups
  - Brief, short term (Generally 6-10 sessions)
- Level I: Outpatient Services
  - Substance Use Disorder documented (abuse or dependence)
  - Cognitive Behavioral group and individual services offered
  - Generally 4-6 months (2.5 to 6 hours per week of service)
- Level II: Intensive Outpatient/Partial Hospitalization Services
  - Substance Use Disorder Documented (dependence)
  - Generally 6-9 months in length (9-15 hours of service per week)
  - Medical and psychiatric consultation and 24 hour crisis services available
  - Child care, transportation and vocational training provided
- Level III: Residential/Inpatient Services
  - Substance Use Disorder documented (dependence)
  - Generally 1-3 months in length (15-20 hours programming/week)
  - 24/7 staffing-safe and stable living environment needed to develop recovery skills
- Level IV: Medically Managed Intensive Inpatient Services
  - Acute withdrawal potential indicated
  - 24 hour medically directed care
  - Generally short term 3 days to 3 weeks in length, with intensive biomedical psychiatric and/or nursing care around the clock